



National Native
Addictions Partnership
Foundation (NNAPF)



Native Mental Health
Association of Canada
(NMHAC)

PRESENT

HONOURING OUR STRENGTHS 2014

NATIONAL CONFERENCE

June 24-25 2014
Delta Ottawa City Centre
101 Lyon Street, Ottawa, ON

A conversation about
Indigenous culture in
addressing substance use issues
and **promoting wellness**

for more information:

Online: www.nnapf.com
Email: conference@nnapf-fanpld.org
Phone: 1-866-763-4714

Join us for the NNAPF Annual General Meeting on June 26, 2014

On behalf of the National Native Addictions Partnership Foundation (NNAPF) in partnership with the Native Mental Health Association and the Assembly of First Nations, we are honoured and delighted to welcome you to the 2014 Honouring Our Strengths National Conference.

Our Mission is to engage in “**a conversation about Indigenous culture in addressing substance use issue and promoting wellness.**” First Nations culture must be central and foundational to addressing substance use issues and for promoting wellness for individuals, families, and communities. This belief is growing stronger across First Nations and Inuit communities, governments, service providers, policy, and research but there are many questions regarding the methods used to incorporate culture into the areas of policy, program development and delivery, evaluation, and research. Currently, there are a number of successful models of applied culture in research, policy, and program design and delivery. By coming together at events such as this one we can discuss these models and provide valuable access to a network of Indigenous knowledge and practice for those working with First Nation individuals, families, and communities.

The three keynote speakers at the conference will be Madeleine Dion Stout, Elder Jim Dumont, and Michaela Shannon. There will be a total of 24 captivating workshop sessions along with a special presentation by Nora Bressette, Ron LePage and Tina LeClair on the Buffalo Riders school based early intervention program. Following all the workshops, there will be a panel discussion on the Importance of Culture as a foundation for Wellness. In addition to offering a large variety of educational and thought provoking presentations, the conference will be an excellent opportunity to interact with delegates from across Canada.

As the Board President and Executive Director of the Nation Native Addictions Partnership Foundation, we would like take this moment to thank all the individuals who have worked on planning and organizing the conference. We would like to extend a special thank you to our partners and all of our sponsors for providing so much valuable support.

We would also like to thank all the delegates who are attending this year's conference. Honouring Our Strengths 2014 would not be possible without the support of such a keen group of people from so many different places in Canada.

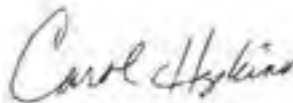
You are welcome to join us for the NNAPF Annual General Meeting on June 26th 9:00 a.m. which is also taking place at the Delta Ottawa City Centre hotel.



Chief Austin Bear,

Board President

National Native Addictions Partnership Foundation



Carol Hopkins,

Executive Director,

National Native Addictions Partnership Foundation

Conference Program Table of Contents

Welcome Letter	1
Conference Agenda	3
Keynote Speakers	5
Workshop Descriptions	7
Meet the Presenters	17
Letter from FNWACCB	25
Accredited Hours from FNWACCB	26

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A Richelieu Room	B Frontenac Room	C Joliet Room	D Chaudière Room	E Capitale Room
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Tuesday, June 24, 2014

6:30 AM - Victoria Room

Sunrise Ceremony

7:00 - 10:30 AM

Registration – Coffee/Tea served, Vendor and Exhibitor Setup

9:00 AM - Ballroom BC

Master of Ceremonies – Mr. Stan Wesley

Opening Song – White Tail Singers

Opening Prayer – Elder Dorothy Meness, Kitigan Zibi Anishinabeg

Welcoming Remarks

- Grand Chief Stan Beardy, Chiefs of Ontario, AFN Chiefs Committee on Health
- Dr. Valerie Gideon, Assistant Deputy Minister, Regional Operations, FNIHB
- Carol Hopkins, NNAPF Executive Director

9:45 AM

Keynote Address

Ballroom BC

- Madeleine Dion Stout
- Introduced by Dr. Brenda Restoule, Native Mental Health Association of Canada

10:30 - 10:45 AM

Wellness Break (Coffee/ Tea served in the Tradeshow - Foyer)

10:45 AM - 12:00 PM

Concurrent Workshops – Community Based Services

Designing a Culturally Safe Land-Based Wellness Model:
Lessons Learned from the Cree Nation of Chisasibi, QC

The Spirit Lives: Sharing Cultural Experiences in Mental Health and Addictions:
Neqotkuk Health Centre and Wolastoqewiyik Healing Lodge

Holistic Wellness – In Community Prevention/ Treatment and Aftercare and Youth Peer Education:
3 Eagle Wellness

PhotoVoice: Promoting Recovery in a Mental Health and Addictions Setting:
North Bay Regional Health Centre

Anishinaabe Mekina Mino-Ayawin:
West Region Treaty 2 and 4 Health Services

12:00 - 1:00 PM

Networking Lunch (Provided) – Blessing for Food

1:00 – 1:45 PM

Keynote Address – Michaela Shannon, Youth Perspective

1:45 – 3:00 PM

Concurrent Workshops – Community Based Services and Residential Treatment

Sustainable Project for Youth
First Nations Market Housing Fund

Culturally-Based Horizontal Curriculum,
Leading Thunderbird Lodge

Grandmothers Mentoring Young Girls,
Neegahnee Wahbun Gi Gay Win Indigenous and Centre for Addictions and Mental Health

The Helping Horse
White Buffalo Youth Inhalant Treatment Centre

Culturally-Based Residential Treatment Program
Leading Thunderbird Lodge

3:00 - 3:15 PM

Wellness Break (Coffee/ Tea served in the Tradeshow - Foyer)

3:15 - 4:30 PM

Concurrent Workshops – Cultural Competency, Evaluation and Performance Measurement,

First Do No Harm Strategy:
Canadian Centre on Substance Abuse

Healing on the Land Program at the Charles J Andrew Youth Treatment Program:
Charles J Andrew Youth Treatment Centre

Culture as Intervention Research Project:
Barbara Fornssler PhD and Laura Hall, University of Saskatchewan

An Overview of the Addictions Management Information System:
Dr. Steve Weatherbee, ECenter Research

Changing Perspective: Changing Practice:
Centre for Addictions and Mental Health

4:30 - 5:00 PM

Wrap Up, Day 1

Ballroom BC

- Keith Conn, Regional Executive, Ontario Region, FNIHB

7:00 - 9:00 PM

CELEBRATING CULTURE – Big Drum and Round Dance Social
Evening Coffee/Tea and Snacks

Ballroom BC

A Richelieu Room	B Frontenac Room	C Joliet Room	D Chaudière Room	E Capitale Room
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Wednesday, June 25, 2014

6:30 AM - Victoria Room or Terrace

Sunrise Ceremony

8:00 AM

Exhibitor and Vendors open, Coffee and Tea

9:00 AM - Ballroom BC

Master of Ceremonies – Mr. Stan Wesley

Opening Song – White Tail Singers

Opening Prayer – Elder Dorothy Meness, Kitigan Zibi Anishinabeg

9:15 AM - Ballroom BC

Keynote Address

- Elder Jim Dumont

10:15 - 10:30 AM

Wellness Break (Coffee/ Tea served in the Tradeshow - Foyer)

10:30 AM - 12:00 PM

Policy Development, Research, Leadership and Governance

**First Nations
Culture-Centred
Transformation in
Addictions Treatment:**

Dilico Anishinabek
Family Care

**Chronic Pain Manage-
ment:**

Six Nations First Nation
Health Services

**Strengthening Capacity:
A Discussion on Wage
Parity for Counsellors
Addressing Substance
Use Issues among First
Nations in Canada,**
Grand Council Chief, Pat
Madahbee, Anishinabek
Nation, Chief Isadore
Day, Serpent River First
Nation, and Chief Allan
Towegishig, Long Lake
#58 First Nation

**Empowering Commu-
nity Narratives:**

Chippewas of the
Thames First Nation

**Understanding
Tobacco Use
Amongst Youth in
Four First Nations,**

Sonia Isaac-Mann and
Eileen Smith

12:00 - 1:00 PM

Networking Lunch (Provided) – Blessing for Food

1:00 – 1:45 PM

Special Presentation – Buffalo Riders: School Based Early Intervention,
Ron LePage, Tina Leclaire and Nora Bressette

Ballroom BC

1:45 – 3:00 PM

Concurrent Workshops – Leadership and Governance, Human Resource Management

**Leading Change –
Promoting Leadership
in Facilitating Change:**

Alex Russell, Program
Manager, Six Seconds
Emotional Intelligence
Network

**Strengthening the
Workforce with Elders
in the Delivery Culture
Based Services:**

Yvonne Rigsby Jones,
Executive Director, Tsow
Tun Le Lum

**Strengthening Self to
Help Others:**

Centre for Addictions
and Mental Health

**Engaging the 7th Fire:
Youth in the healing
of their peer:**

Nicholas Deleary, Three
Fires Midewiwin Lodge

**Cultural Competency
in Trauma Informed
Care:**

Dr. Brenda Restoule and
William J. Mussel,
NMHAC

3:00 - 3:15 PM

Wellness Break (Coffee/ Tea served in the Tradeshow - Foyer)

3:15 - 4:00 PM

Panel Discussion – National Perspective:

Ballroom BC

The Importance of Culture as Foundation to Community Health and Wellness

Facilitated by William J. Mussel

Carol Hopkins, NNAPF

Jennifer Robinson, AFN

Dr. Brenda Restoule, NMHAC

Keith Conn, Regional Executive, Ontario Region, FNIHB

4:00 PM

Opportunity for Sharing and Conference Evaluation

Ballroom BC

4:30 - 5:00 PM

Closing Remarks

- Keith Leclaire, NNAPF Board, Special Advisor
- NNAPF Elder Prayer
- Travelling Song

Ballroom BC

KEYNOTE SPEAKERS

Master of Ceremonies - Stan Wesley



Born and raised in Moose Factory, Ontario, a Cree community on the South coast of James Bay, Stan as a youth began what would be a life-long career of bringing laughter and meaning to audiences with the creation of “Bunnuck,” a weekly show that aired on TVO and TVNC for several seasons.

Since then, for over 20 years, Stan has engaged and entertained audiences with his unique style of fun and depth in presentations, keynotes, emcee and facilitation services. Stan speaks on a variety of issues with a focus on celebrating success and advancing good, healthy relations among Aboriginal and non-Aboriginal peoples.

Stan has worked at the local, regional, provincial and national levels. With his high energy, sincere professional approach, he is considered by many to be one of the top speakers in the country today.

Stan currently lives in Toronto with his wife, Mandy and their daughter Maya.

Madeleine Dion Stout



Madeleine Kétéskwew Dion Stout, a Cree speaker, was born and raised on the Kehewin First Nation in Alberta. After graduating from the Edmonton General Hospital as a Registered Nurse, she earned a Bachelor’s Degree in Nursing, with Distinction, from the University of Lethbridge and a Masters Degree in International Affairs from the Norman Paterson School of International Affairs at Carleton University. She serves on several Aboriginal and non-Aboriginal boards and committees including the Resolution Health Support Advisory Committee for Health Canada and the First Nations Health Society in B.C. and has been involved in several Canadian Institute of Health Research projects. Madeleine was President of the Aboriginal Nurses Association of Canada and member of the National Forum on Health. In August, 2007 Madeleine was appointed to the Mental Health Commission of Canada as an inaugural Vice-chair of the Board of Directors.

Madeleine was a Professor in Canadian Studies and founding Director of the Centre for Aboriginal Education, Research and Culture at Carleton University in Ottawa. Now self employed, she continues to work as a researcher, writer, and lecturer on First Nations, Inuit, and Métis health and is increasingly adopting a Cree lens in this work. She has received the Assiniwikamik Award from the Aboriginal Nurses Association of Canada; a Distinguished Alumnus Award from the University of

Lethbridge; and Honorary Doctor of Laws from the University of British Columbia and the University of Ottawa. In November 2008, the Canadian Nurses Association of Canada selected Madeleine for the Centennial Award that was given to 100 outstanding Canadian nurses. In March 2010 she received the National Aboriginal Achievement Award in the health category.

Jim Dumont, Onaubinisay



Born and raised in Moose Factory, Ontario, a Cree community on the South coast of Onaubinisay (Walks Above the Ground), or Jim Dumont, is an Ojibway-Anishinabe of the Marten Clan and originally from the Shawanaga First Nation on Eastern Georgian Bay. He is the Chief of the Eastern Doorway of the Three Fires Midewiwin Lodge and, as such, is the keeper of the sacred Waterdrum and leader in the Eastern part of Anishinabe Midewiwin Territory.

Jim was professor of Native Studies at the University of Sudbury of Laurentian University for 25 years from 1975 to 2000. He is one of the founders of the university's Native Studies Department and served for four years as its Chair from 1984 to 1988. He was also part of the founding of the contemporary movement of the Midewiwin Society. During his tenure at the University of Sudbury of Laurentian University, Jim created and taught courses in Tradition and Culture, Native Psychology, Native Way of Seeing, Native Education, and Issues of Indigenous Peoples in the International Context.

Michaella Shannon



Michaella Shannon is a member of Frog Lake First Nations in Alberta. She currently lives in Saskatoon, Saskatchewan and is hoping to move to Toronto this coming fall. She is 18 years old and has finished her 1st year at the U of S. She plans to finish her first degree in Aboriginal Jurisdiction and Criminology and then enter the field of criminal law.

Michaella's 1st introduction to public life was at the age of 12, when she landed the part of the 'ghost girl' on the television series – 'Rabbit Fall'. She co-starred with Actors like Andrea Menard, and Tinsel Cory. Since this time her acting career has included My Lupine Life, and she is currently doing a children's television series called Space Stretch that teaches children how to do yoga. She plays the role of Sash Tanga.

Michaella was called upon to narrate the documentary film about youth building an environmentally friendly house in Cumberland House, Sk. She can be seen on the "My Wise Mentor" website as an ambassador for encouraging young females to go into male oriented fields of study. Michaella has appeared in commercials on television, billboards, newspapers and magazines for Saskatchewan Tourism, Saskatchewan Teacher's Federation, Traxx Footwear, Idle No More, Saskatchewan Fashion Design Festival, White Dahila clothing, and Reginal Sankey Designs.

She was involved with the Saskatchewan Ministry of Health Campaign "What Else Got Wasted" an internet, poster and television campaign to teach youth the dangers of alcohol abuse. Michaella

developed workshops to address the issue of alcohol/drug abuse and the high incidents of suicide among youth in the Aboriginal community. She is trained in suicide prevention and intervention and facilitates workshops linking the abuse of alcohol and drugs with the high incidents of suicide among Aboriginal youth. She does these presentations through out the year but is usually booked during National Addictions Awareness Week (NAAW) at schools on reserves. Michaella has also developed workshops for high school girls called Decision Making and Reproductive Health a program to address issues of youth pregnancy.

Michaella is one of Saskatoon's top models and is often called upon to walk the runways for numerous fundraising events throughout the Province of Saskatchewan. She was asked to model at the Aboriginal Fashion Week Broadcasts on APTN, Vancouver Fashion Week and has appeared on the fashion segments of Global and CTV news. Michaella is a stage escort for the Indspire Awards and the Sabex Awards.

On April 28, 2014 Michaella became Miss Teen Saskatchewan – 2014 and will be going onto the Miss Teen Canada pageant in Toronto in July. She also attended the Canadian Model and Talent Convention from May 7 – 11 and came home with call backs for Paris, New York and a request for a demo tape from Atlantic records.

Michaella attends ceremony and takes part in Native Spirituality practices. She understands how 'identity' and 'culture' are important in the foundations of a persons 'being'. She lives a healthy lifestyle and understands the importance of balancing all of life's challenges.

She is greatly honored to be attending the 'Honoring Our Strengths' Conference as a youth role model who represents how much can be accomplished when you are goal oriented, focused and understand that self esteem and choosing a healthy life style is a large part of being successful.

WORKSHOP DESCRIPTIONS

Community Based Services, Tuesday, June 24, 2014, 10:45 AM - 12:00 PM

Designing A Culturally Safe Land-Based Wellness Model,

Lessons Learned from the Cree Nation of Chisasibi, QC
June 24, 10:45am – 12pm, Room **A**

Larry House, Eddie Pashagumskum

In 2005 the Cree Board of Health and Social Services of James Bay began a process of integrating Cree approaches to health and wellness in northern Quebec. It has created local Miyupimaatisiun (Wellness) Committees in order to engage community members in the management and delivery of health and social services. The Cree Nation of Chisasibi took an active role in this process and developed an integrated model of living a good life – the Land-Based Healing Program. It reflects the Cree way of life and knowledge, as expressed by the elders involved. It acknowledges that the land and cultural traditions have healing power that can enable individuals in distress deal with pain and self-hurt. The community has recently received funding from Health Canada for the development of a Mental Wellness Team – a community-based, client-centred, multidisciplinary team of community workers that provide a variety of culturally safe mental health and addictions services.

Best practices regarding the design and implementation of the Cree Nation of Chisasibi's integrated health model will be discussed. This includes: a background on the 6-year process for developing an effective culturally safe continuum of care, the land-based program as a culturally relevant active treatment for individuals experiencing substance use issues, workforce development of a multidisciplinary team of community workers, and reflections on challenges and opportunities in terms of governance and coordination of wellness activities in Chisasibi.

Holistic Wellness – In Community Prevention/Treatment and Aftercare and Youth Peer Education:

3 Eagle Wellness

June 24, 10:45am – 12pm, Room **B**

Marilyn Willier, Family Violence Prevention at 3 Eagle Wellness Society

The Holistic Wellness Program is a 16 week manualized program (including 2 weeks of job placement) encompassing life skills lessons and treatment approaches designed to promote positive growth and change in the areas of self, family, community, employment, and leisure. The program aims to help individuals develop an effective use of problem solving behaviours in the management of personal affairs and to give them the confidence to express themselves. The lessons build upon effective behavior already possessed by the participants and identify/unearth their strengths. Skill building will facilitate healing for individuals struggling with challenges related to parenting, family violence, addictions, trauma and abuse, unemployment, and skill development while practicing methods of effective communication, coping, relationship building, and emotional modulation.

Expecting Respect is a peer education program that is offered to First Nations Youth ages 12 – 18 years of age. The program's purpose is to equip youth with the skills and the factual information necessary to make healthy decisions and build respectful relationships. The program is based on the principle that peer education is an effective method to deliver messages that encourage healthy decision making for youth. The Annual Gathering offers workshops to participants based on the current issues youth face: Alcohol, Drugs and Gambling, Healthy Dating Relationships, Sexual Health, Sexual Harassment, Bullying/Gang Violence, Elders Teachings, etc. The program empowers participants to be part of the solution in making healthier individuals, families and communities. First Nations Members from across Alberta are trained in specific areas, which then facilitate at the youth gathering. The facilitators then return home to engage local youth and mentor them into a facilitative role. Youth with the support of their mentor are then requested to engage their schools, youth councils or youth at large to offer the workshops.

The Spirit Lives: Sharing Cultural Experiences in Mental Health and Addictions, Neqotkuk Health Centre and Wolastoqewiyik Healing Lodge

June 24, 10:45am – 12pm, Room **C**

Laurie Nicholas, Community Health Coordinator at Mawiw Council of First Nations and Co-founder of the Aboriginal Nutrition Network within Dietitians of Canada

Roxanne Grace Sappier, Director of Neqotkuk Health Services and Executive Director of Tobique First Nation Health Services

Presenters will share cultural experience in terms of knowledge and resources that will benefit participants with their healing journeys, Addiction programs, and Mental Health initiatives. Traditional teachings from a variety of sources including the Wabanaki culture, Traditional Elders Wisdom, Medicine Wheel teachings, and the Seven Sacred Teachings can help with individual healing journeys and in the delivery of community health programs and initiatives.

Many First Nations people are faced with various challenges on a day to day basis. Presenters will discuss personal and work experiences of cultural teachings that can benefit self-care and community wellness. A Medicine Wheel Circle of Life tool sheet that can facilitate individual healing journeys will be discussed. Presenters will assist participants in building cultural competency through conversation about their work experience with how culture is interwoven into community health planning, Addiction programs, and Mental Wellness initiatives. Community resources developed by the Neqotkuk Health Centre will be illustrated.

PhotoVoice: Promoting Recovery in a Mental Health and Addictions Setting,

North Bay Regional HC

June 24, 10:45am – 12pm, Room **D**

Tamara Dube-Clarke, Patient and Family Partnered Care Coordinator at the North Bay Regional Health Centre

Lauree Linklater-Pizzale, Psychiatric Rehabilitation and Recovery Program Manager at the North Bay Regional Health Centre

PhotoVoice offers a unique and creative way for participants to communicate a message to the community and stakeholders by promoting discussion about a social issue; it is an avenue to creating positive social change. PhotoVoice builds skills within disadvantaged and marginalized populations using innovative participatory photography and digital storytelling methods so that they have the opportunity to represent themselves, create tools for advocacy and communication to achieve positive social change, and reduce stigma.

Photography is a highly flexible tool that crosses cultural and linguistic barriers and can be adapted to all abilities. Its power lies in its dual role as an art form and a means to record facts. It provides an accessible way to define realities, communicate perspectives, and raise awareness of important social and global issues. Its low cost and ease of dissemination encourages sharing and increases the potential to generate dialogue and discussion.

This workshop aims to provide education about the benefits of PhotoVoice in mental health and addictions settings, means to a better understanding of those with lived experience and perspectives of loved ones and/or caregivers, and a tool to combat stigma associated with mental health and addictions. Participants will be provided with tools to start PhotoVoice projects in their own communities – to identify community needs, promote awareness, and encourage stigma reduction.

The North Bay Regional Health Centre embraces the recovery philosophy in each service that they provide. The recovery philosophy has ten fundamental principles: hope, self-direction, empowerment, respect, holism, peer support, person centred, non-linear, responsibility, and strength based.

Anishinaabe Mekina Mino-Ayawin,
West Region Treaty 2 and 4 Health Services

June 24, 10:45am – 12pm, Room **E**

Lauree Linklater-Pizzale, Psychiatric Rehabilitation and Recovery Program Manager at the North Bay Regional Health Centre

Renita Houle, Mental Wellness Advisor at WRTHS

Located in Dauphin, Manitoba, West Region Treaty 2 & 4 Health Services (WRTHS) administers Anishinaabe Mekina Mino-Ayawin (AMMA) or “Road To Good Health”, a national Mental Wellness Team (MWT) Pilot Project funded by Health Canada since 2009. AMMA’s goals are to address gaps in mental health services for First Nation communities, to provide individuals and families with access to community based core wellness services, and to provide care givers with training and support to offer services at the community level. Cultural safety is a primary factor of program delivery, with cultural practices encouraged and promoted.

This workshop outlines the progress of AMMA, from the creation of community mental wellness teams in the seven WRTHS First Nation communities to the formation of a multidisciplinary Tribal Team of mental health professionals and paraprofessionals who provide support to the community teams. The presentation also describes the development of successful partnerships with external organizations including a strong relationship with the regional health authority that services First Nation community members, addressing substance abuse and mental health challenges. As part of its commitment to wellness, WRTHS provides crisis response to the communities and is currently developing a Crisis Service. Procedures Manual for use by front-line workers. The cultural component includes participation by a Spiritual Advisor who is available to facilitate traditional teachings and practices.

WORKSHOP DESCRIPTIONS (CONTINUED)

Community Based Services and Residential Treatment, Tuesday, June 24, 2014, 1:45pm – 3pm

Sustainable Project for Youth,

First Nations Market Housing Fund

June 24, 1:45am – 3pm, Room **A**

Earl Commanda, Program Manager for Credit Enhancement and Capacity Building at the First Nations Market Housing Fund
Norma Petahtegoose, Housing Coordinator at Atikameksheng Anishnawbek

A Strategic Community Entrepreneurship Opportunity Entrepreneurship Programs for Vulnerable Youth: Innovative Green Entrepreneurship Featuring Business Opportunities in a Sustainable Economy.

Up to 18 vulnerable youth will embark on a one year journey of Cultural-Based and Adventure-Based Skill Initiatives in their quest to build a business. Using an experiential approach, this program will help them to identify their interests, become grounded in their pursuit of these, and gain the background skills and perseverance necessary to run a successful business. Program areas include a wide range of experiences in business applications related to Adventure Tourism, Cultural Experiences, Permaculture, Digital Media, Green Construction, and Green Manufacturing. Personal focus, sustainability, and opportunities in a green economy future will be course themes throughout – and will complement our Nation-Building efforts to build a visionary, sustainable future for this community – respecting the triple-bottom-line of Land, People, and Prosperity. The high visibility of this project will enable assist awareness locally and regionally.

Culturally-Based Horizontal Curriculum,

Leading Thunderbird Lodge

June 24, 1:45am – 3pm, Room **B**

Kelly Pasloski, Leading Thunderbird Lodge
Shawn Baker, Leading Thunderbird Lodge

Leading Thunderbird Lodge offers a 12 week residential treatment program for First Nation and Inuit male youth challenged with alcohol, drug and/or solvent misuse. The program is grounded in First Nations culture and focuses on three streams of targeted educational concepts: academic; addiction/mental health and culture. The school is registered with the Saskatchewan Department of Education and offers academic credits transferable to other provinces and territories.

Given the variance in age, grade and literacy levels of the youth, the teachers were challenged to develop a curriculum that would address individual learning styles and needs. Supported by the University of Regina's Faculty of Education, a 'Culturally Based Horizontal Curriculum' was developed and implemented. The curriculum is a project based model that spans the length of the

program and incorporates individual learning through group activities.

Credits for a variety of subject areas (English Language Arts, Mathematics, Science, Cultural Humanities, Aboriginal Language and Art) can be earned through a project. The making of a hand drum is an example. Initially, the students are exposed to cultural and ceremonial protocols. The hides are traditionally gathered and tanned with the construction of a personal hand drum. Youth take their hand drums to our Sweat Lodge for blessing and are utilized during the ceremony. Educational concepts such as circumference, diameter, and radius are taught during this process.

The outcome: youth are impressed to have earned academic credits throughout a hands-on process and an interest in pursuing their education is nourished.

Grandmothers Mentoring Young Girls,

Neegahnee Wahbun Gi Gay Win Indigenous and Centre for Addictions and Mental Health

June 24, 1:45am – 3pm, Room **C**

Isabelle Meawasige, Entrepreneur, Cultural Consultant, and Teacher

Caroline Recollet, Aboriginal Initiatives Lead at the Centre for Addictions and Mental

The goal of this presentation is to share Indigenous knowledge and cultural practice on a project by the Grandmothers that will mentor and empower young Aboriginal girls who have addictions, substance use, and mental health issues through the use of ancient Indigenous tools and practices for health and wellbeing. The traditional cultural experience will comprise of four 4-day retreats with 15 young girls between the ages of 17 to 30, from May to September.

The land-based experience will share Indigenous knowledge and wise healing practices that include song, dance, drumming, Sacred Fire, women healing ceremonies and teachings on the Land (medicines, animals, ceremonies, Mother Earth, and Grandmother Moon teachings). The ceremonies will be specific to young women's teachings, rites of passage, sacredness of women, traditional roles and responsibilities, and child rearing practices and responsibilities. The retreat is designed to empower; build self-esteem and confidence; relieve stress from trauma, addictions, abuse, violence and intergenerational impacts; and help heal past wounds. It will teach young girls ancient traditional roles on being a young woman (sacredness of woman), importance of Moon Lodge retreats, traditional medicines teachings, connections to the feminine, Mother earth, Water, Grandmother Moon, and the Natural World.

The Grandmothers will share their knowledge, experiences, and stories derived from over 56 Grandmother's Gatherings (4-day retreats) held over a three year period using. They will also share how they employ Indigenous knowledge and methodologies to develop evaluation and performance measurements.

The Helping Horse, White Buffalo

June 24, 1:45am – 3pm, Room **D**

Angelo Wasteste, Cultural Coordinator at the Leading
Thunderbird Lodge

Ernest Sauve, Executive Director of the White Buffalo Youth
Inhalant Treatment
Ioni Longclaws

The White Buffalo Youth Inhalant Treatment Center in partnership with Cartier Farms Equine Assisted Learning and Research principles from the University of Saskatchewan and University OF Calgary have conducted a research project titled The Helping Horse. The study was intended to determine "How Equine Assisted Learning Contributed to the Wellbeing of First Nations Youth in Treatment for Volatile Substance Misuse?"

The Helping Horse research project has recently been completed with successful evidence acquired that supports the use of animal therapy as a best practice in provision of youth treatment services. This workshop will disseminate the research findings.

Culturally-Based Residential Treatment Program,

Leading Thunderbird Lodge

June 24, 1:45am – 3pm, Room **E**

Angelo Wasteste, Cultural Coordinator at the Leading

Thunderbird Lodge

Deborah McLean, Clinical Supervisor at the Leading
Thunderbird Lodge

Leading Thunderbird Lodge is a residential treatment center for First Nations and Inuit male youth between 12 – 17 years of age. The program assists individuals experiencing addiction and substance abuse issues during a 12 week intake. The clinical, cultural and education program provide youth within treatment the ability to reconnect with the First Nations Traditional Medicine Wheel. All aspects of the treatment program are the stabilizing element within the wHolistic Model, being the mental, social, physical and spiritual. Strong traditional cultural teachings, First Nations Language Instruction, land based cultural programs, and classroom instruction are vital aspects of the program. Two successful programs have been introduced. Firstly, a partnership with the RCMP Academy Depot 'F-Division' in Regina. The program is entitled SOS, 'Seeing Oneself' and incorporates topics such as managing sensation seeking, negative thinking, and anxiety sensitivity. Secondly, the 'Buffalo Riders' program consisting of culturally specific activities and games to help youth in resiliency, drug awareness, and social skills. Continual program monitoring addresses the individual requirements of the youth. The advantage of the program is the ability to blend traditional cultural teachings with current therapeutic techniques, exposing the importance of the Traditional Medicine Wheel to their personal life experiences and wellness.

Cultural Competency, Evaluation and Performance Measurement, and Policy Development, Tuesday, June 24, 2014, 3:15pm – 4:30pm

First Do No Harm Strategy,

Canadian Centre on Substance Abuse

June 24, 3:15am – 4:30pm, Room **A**

Carol Hopkins, Executive Director of the National Native
Addictions Partnership Foundation
Paula Robson

The harm associated with prescription drugs such as opioids, sedative-hypnotics, and stimulants is a leading public health and safety issue in Canada. In response, CCSA and our partners released the First Do No Harm: Responding to Canada's Prescription Drug Crisis (the Strategy) in March of 2013.

This comprehensive, pan-Canadian strategy is a 10-year plan with 58 recommendations covering prevention, education, treatment, monitoring and surveillance, enforcement, legislation and regulation, evaluation and performance measurement, as well as research. This plan resulted from comprehensive consultations involving over 30 partners representing the healthcare community, governments, First

Nations, the pharmaceutical industry, law enforcement, and people with lived experience and their families. Multi-sectoral implementation teams are actively implementing strategy recommendations and recruiting additional partners with a vested interest in this important issue.

This interactive session aims to create a forum for dialogue on culturally-relevant, culturally-competent, and culturally-safe initiatives in First Nations communities that aim to reduce the harms associated with these prescription drugs and align with the First Do No Harm Strategy. A brief presentation on the Strategy recommendations will be followed by discussion about relevant initiatives underway in First Nations communities, opportunities for sharing lessons learned with others, priorities moving forward, and plans for action in the near future.

through the use of ancient Indigenous tools and practices for health and wellbeing. The traditional cultural experience will comprise of four 4-day retreats with 15 young girls between the ages of 17 to 30, from May to September.

WORKSHOP DESCRIPTIONS (CONTINUED)

Cultural Competency, Evaluation and Performance Measurement, and Policy Development, Tuesday, June 24, 2014, 3:15pm – 4:30pm

Healing on the Land Program at the Charles J Andrew Youth Treatment Program,

Charles J Andrew Youth

June 24, 3:15pm – 4:30pm, Room **B**

Iris Allen, Executive Director at the Charles J Andrew Youth Treatment Center

Description not available.

Treatment Centre Culture as Intervention Research Project

June 24, 3:15pm – 4:30pm, Room **C**

Barb Fornssler, PhD, Research Manager for the Honouring Our Strengths: Indigenous Culture as Intervention in Addictions Treatment project

Laura Hall, Researcher for the Honouring Our Strengths: Indigenous Culture as Intervention in Addictions Treatment

Drug addiction among Indigenous peoples is a serious health concern in Canada. Indigenous knowledge shares that traditional culture is vital for client healing. However, there is a serious absence of empirical documentation regarding the impact of traditional cultural practices on client wellness. This project is the first of its kind in Canada and is suitably timed with renewal processes underway in Canada's First Nations addictions treatment system. A key recommendation of the renewal has been the establishment of a culturally competent evidence base to document the nature and demonstrate the effectiveness of engaging cultural interventions within treatment programs. The aim of this community-based research team's work is to evaluate the effectiveness of First Nations culture as a health intervention in alcohol and drug treatment. They gathered understanding of how Indigenous traditional culture is understood and practiced at a sample of 12 First Nations residential treatment programs by undertaking a three day environmental scan at each centre that was led by Elder Jim Dumont. They prioritized Indigenous knowledge in the data analysis and, in doing so, have applied three approaches to analyzing the information collected. This involved:

- 1) Treatment Centre environmental scan participants (staff, clients, and community members
- 2) Indigenous knowledge keepers (Elders and other tradi-

tional knowledge keepers)

- 3) Western-trained research team members.

From this work, a valid instrument to measure the impact of cultural interventions on client wellness is being developed and tested. This work has resulted in the development of a wellness framework addressing physical, emotional, mental, and spiritual wellbeing and the identification of 22 cultural interventions that are common to treatment centres across the country and that work to facilitate wellness in all four of the framework areas. The framework companion definitions of culture and wellness will also be shared to complete these findings.

These results are verified among the varied team members, participating treatment centres, and their communities at large. Colleen and Carol look forward to sharing this information with you through innovative knowledge translation products.

An Overview of the Addictions Management Information System, ECenter Research

June 24, 3:15pm – 4:30pm, Room **D**

Dr. Steve Weatherbee, President and CEO of eCenter Research Inc.

The Addictions Management Information System (AMIS) is a web based database designed to replace the Substance Abuse Information System (SAIS) at no cost to treatment centres. It was developed by Health Canada in partnership with the AMIS Working Group which is comprised of Treatment Centre Directors, First Nations Community Representatives, and representatives from partner organizations (such as the National Native Addictions Partnership Foundation (NNAPF) and the Youth Solvent Addictions Committee (YSAC)).

AMIS has been designed using feedback on how existing systems (like SAIS) could better meet our collective needs. The use of AMIS will improve work efficiency and help track important trends and statistics while also contributing to accurate information about local, regional, and national trends. It is structured in a way that will allow evolution of the database in order to meet ongoing needs as they surface over time.

Changing Perspective,

Centre for Addictions and Mental Health

June 24, 3:15pm – 4:30pm, Room **E**

Alison Benedict, Provincial Aboriginal Training Coordinator in Aboriginal Engagement and Outreach with the Provincial Systems Support Program at the Centre for Addiction and Mental Health (CAMH)

John Dixon, Interim Director of Mental Health and Addictions at the Centre for Addictions and Mental Health (CAMH)

For many years, the mental health and addiction fields were not only separate but were formulated from a disease or illness perspective. All aspects of practice reflected these perspectives and worldview. People received a diagnosis and treatment based on their disease. Trauma; the social determinants of health; and individual, family, and community strengths were not focused upon which provided an incomplete picture.

The Province of Ontario developed a mental health and addictions strategy called Open Minds, Healthy Minds in 2011. As a part of this initiative, the Centre for Addiction and Mental Health (CAMH) was contracted to plan and coordinate 18 Service Collaboratives across the province in order to address gaps in mental health and addiction services. This opportunity focused on taking existing services and changing the way things were always done in order to improve access and coordination. One of the priority groups identified in this initiative was Aboriginal peoples.

In their commitment to work with Aboriginal peoples, CAMH funded the Aboriginal Community Engagement program. Engagement from an Indigenous perspective has four key components: respect, reciprocity, receptivity, and renewal. As a result of engagement with Aboriginal communities, people, and organizations several initiatives have come out of this process that responded to the needs and gaps identified. This includes: the need for culturally specific strengths based assessment tools, prevention and education in the area of opioid use/misuse, the development of assessment tools from a First Nations perspective, and workforce development.

Policy Development, Research, Leadership, and Governance, Wednesday, June 25, 10:30am – 12pm

First Nations Culture-Centred Transformation in Addictions Treatment,

Dilico Anishinabek Family Care

June 25, 10:30pm – 12pm, Room **A**

Cheryl Bagnall, Addiction Services Manager

Tina Bobinski, Counselling and Clinical Services Manager

First Nations culture-centred modernization was necessary to improve services and outcomes for individuals accessing the Dilico Anishinabek Family Care Adult Residential Addictions Treatment Program. Providing culturally and contextually appropriate addictions treatment services to First Nations required our program to integrate cultural values into a clinical setting. Cultural philosophy, understanding client and community needs, and adjusting treatment policy and programming were the elements that required modification during our modernization phase.

This presentation will review our achievements and challenges as we navigated through the modernization process. We will discuss our learning about where evidence-based treatments share commonalities with our cultural values, the enhancements required to address the unique community needs of prescription drug use and Concurrent Disorders, and an overview of our outcomes measures.

Chronic Pain Management,

Six Nations First Nation

June 25, 10:30pm – 12pm, Room **B**

Crystal Burning, Manager of Six Nations Mental Health

At Six Nations, we know that a large percentage of our population has chronic physical and emotional pain due to sports injuries, car accidents, work-related accidents,

(Continued on next page)

WORKSHOP DESCRIPTIONS (CONTINUED)


Policy Development, Research, Leadership, and Governance, Wednesday, June 25, 10:30am – 12pm

(Continued from previous page)

multi- generational trauma, and chronic disease. We also know that we have high rates of prescription drug use as accessed through medical professionals. Our research data clearly identifies the link between addictions and the experience of pain, both physical and emotional. Experiences resulting in pain and a lack of coping strategies can result in use and potential misuse of opioid pain medication. Fear of physical and emotional pain can then contribute to the continued use or misuse of these same medications. In addition, the observations from the Chronic Pain Management Unit (CPMU) at Hamilton Health Sciences demonstrated the positive impact such a program can have on people in our community. However, a community based chronic pain management program (CPMP) would likely take a slightly different approach here at Six Nations. Traditional approaches and practices were identified both by participants of the Connections Project and First Nations clients who participated in the CPMU at Chedoke Hospital. There are multiple models available to build on in order to create a program that will allow western treatments and traditional healing to work together to improve the lives of people in our community living in with chronic pain. The results from the research data and a conceptual framework for a community based chronic pain management program are presented in this workshop.

Exploring How First Nations Traditional Use of Tobacco Can Be Utilized As a Strategy In Prevention and Intervention for Tobacco

Misuse Amongst First Nations Youth, Sheila Cote-Meek, Sonia Isaac-Mann, Nicole Eshkakogan, Peter Selby, Eileen Smith, Tina Martin, Edie Karacsonyi, and Tyler White

June 25, 10:30pm – 12pm, Room 

Eileen Eshkakogan-Smith, Community Research Partner at Sagamok Anishnawbek First Nation
Sonia Isaac-Mann, Associate Director of Health within Safe, Secure, and Sustainable Communities at the Assembly of First Nations

This community research partnership explored how traditional knowledge of tobacco could be used in prevention and intervention of tobacco misuse amongst First Nations youth. This workshop reviews findings of the Indigenous led five

year project that involved 4 First Nations communities from across Canada.

The research methods used a decolonizing and OCAP™ compliant approach whereby 4 participating First Nations communities were involved in all aspects of the research process including development of research tools, data collection, data analysis, report writing, and community feedback sessions. Each community team included a Research team lead (usually the Health Director in the community), a Community Based Research Assistant, an Elder, and a Youth representative. The community-based teams were supported by a Research Project Coordinator and researchers from the larger team.

The sample size is 559 Youth, aged 12-24. Preliminary results indicate that just under half of the Youth self-reported that they are current smokers. As well, 89% of Youth surveyed found that it would be fairly easy to obtain cigarettes, which speaks to a need to better understand access to nontraditional tobacco from First Nations' perspectives. Preliminary findings reinforce the importance of understanding tobacco as a sacred medicine in addressing disproportionate rates of smoking among First Nations Youth.

The findings also speak to the active part that Indigenous youth play in their own wellness, seeking cessation strategies where and when needed.

Empowering Community Narratives, Chippewas of the Thames First Nation June 25, 10:30pm – 12pm, Room

Eva Jewell, Community Development Coordinator for Chippewas of the Thames First Nation

Betsylee Kechego, Counsellor for Chippewas of the Thames First Nation

There has been a shift in consciousness of community leadership in COTTfN: to truly create the outcomes of wellness and prosperity, a viable and realistic alternative must be constructed by the people—not prescribed nor implemented by external sources.

The narrative in COTTfN has shifted from crisis management to the return of sustainable Anishinaabe aadziwin as a result of Community Development and planning. Anishinaabe aadziwin is a concept of projecting original knowl-


edge, ways of working, and worldview into the arenas of self, family, community, and Nation well-being. It is essentially a foundation of strength for our community and part of the broader decolonization/ Nation-based rights movement of wellness through re-indigenization.

Community Development begins with empowering the narrative of the people. This process is one that is based in community participatory/inclusive research and requires a highly interactive method of engaging community. Over the past three years, our community has developed a Comprehensive Community Plan (CCP) by gathering the people's narrative to form the Chippewas of the Thames Community Story. Together, these documents have been recognized by leadership and administration through Band Council Resolution as informing the "progressive direction toward self-determined quality of life".

What we have experienced in COTTFN from the process is that Anishinaabe aadziwin as a contextualized and relational being is a source of strength in the transformation from trauma to flourishing function. Our presentation will discuss the CCP process in the COTTFN context and its theory, practice, and contributions to community health.

Strengthening Capacity:

A Discussion on Wage Parity for Counsellors Addressing Substance Use Issues among First Nations in Canada,

June 25, 10:30pm – 12pm, Room 

Grand Council Chief Pat Madahbee, Anishinabek Nation

Chief Isadore Day, Serpent River First Nation

Chief Allan Towegishig, Long Lake #58 First Nation

NNADAP began 30 years ago as a prevention program and has expanded to the present "catch-all" program; NNADAP workers are tasked with everything from concurrent disorders to the abused substances of the day. Since 2009 the AFN, NNAPE, and FNIHB have overseen a comprehensive review of substance use related services for First Nations – the result was the Honouring Our Strengths Framework which presented ways to renew services to better address addictions in communities. However, no resources were made available to implement needed services.

With the 2010 First Nations Regional Health Survey naming substance use as the most challenging issue for First Nations, NNADAP workers have been encouraged to obtain credentials with federal funding dedicated to training, certification, and accreditation of treatment centres. High stress and low salaries have led to a high turnover rate of NNADAP workers, meaning that they often take their certification and experience elsewhere for a more competitive wage. A Pay Equity working group involving the Chiefs of Ontario (COO), the Ontario Regional Addictions Partnership Committee (ORAPC), and the National Native Addictions Partnership Foundation (NNAPF) has recently been established to address this issue. This presentation will focus on one of several initiatives being championed by the Treatment Centre Directors of Ontario and the ORAPC with the support of the COO and NNAPE.

Special Presentation - June 25, 1pm – 1:45pm

Buffalo Riders:

School Based Early Intervention

June 25, 1pm – 1:45pm, Ballroom BC

Nora Bressette, Curriculum Coordinator at the National Native Addictions Partnership Foundation

Tina Leclair, Executive Director of Addictions Policy and Support Branch, Manitoba Health, and Seniors Government of Manitoba

Ron LePage, School Counsellor at Mikisew Middle School

The NNAPF Buffalo Riders program offers training for NNADAP workers, school counsellors, and those who work with youth to implement an early intervention program for

youth that meets all provincial education standards for the grade 7 and 8 health curriculum. It is designed to enhance and strengthen community-based capacity to provide at-risk youth with early and brief interventions and support services to help reduce harmful substance-using behaviour. The 5 day training includes the latest research and culturally specific teachings about youth resiliency, risk and protective factors, and developmental assets-factors which research has identified as critical for young people's successful growth and development. Components of the Buffalo Riders program are also designed as a brief intervention resource.

Buffalo Riders training is a valuable resource for NNADAP workers, health staff, social services staff, child and youth workers, school resource/support staff and faculty, and health and social portfolio counsellors. NNAPF is currently offering national Buffalo Riders training sessions in London, Ontario.

WORKSHOP DESCRIPTIONS (CONTINUED)

Leadership and Governance, Human Resource Management, Wednesday, June 25, 1:45pm – 3pm,

Leading Change – Promoting Leadership in Facilitating Change,

Six Seconds Emotional Intelligence Network
June 25, 1:45pm – 3pm, Room **A**

Alex Russell, Program Manager at the Six Seconds Emotional Intelligence Network

Carol Hopkins, Executive Director, National Native Addictions Partnership Foundation

Implementing the Honouring Our Strengths Renewal Framework at a systems level within regions and in First Nations communities and organizations has been underway since 2011. Managing this change can be challenging but with the right tools it is possible. This change management model focuses on understanding that systems, organizations, and communities are collections of people with a range of emotions and it's connecting to that emotional drive that motivates people to move forward. Systems, organizations, and communities change when people change and people change through emotion. Participants will be introduced to a model for managing change and practice its application. Participants are also invited to offer their stories on how they have used the Honouring Our Strengths Renewal Framework or Culture to promote change. We are also interested in audio and video recording of your change stories.

Strengthening Self to Help Others,

Centre for Addictions and Mental Health
June 25, 1:45pm – 3pm, Room **B**

Corinne Fox, HBA, MSW, Provincial Aboriginal Training Consultant for the Centre for Addiction and Mental Health (CAMH) in the Thunder Bay office

According to a Canadian Mental Health Report on Rural and Northern Community Issues in Mental Health (2009), workforce recruitment and retention is one of the greatest challenges facing rural and northern communities. High levels of stressful work dealing with trauma, community violence and death combined with high workloads can create staff turnover rates exceeding 50%.

Stress impacts the mind, body, spirit and intellectual aspects of a person. Learning to understand how each area is impacted; how to identify and mitigate triggers; and develop different approaches to deal with stress is one way to address stress on an individual level. In order to address stress among mental health and addiction workers, it is critical for organizations to commit to alleviating the effects of stress.

Reflective supervision, organizational policies and employee self-care strategies can be utilized to strengthen individuals and organizations against the cumulative effects of stress.

Strengthening the Workforce with Elders in the Delivery Culture Based Services,

Tsow-Tun Le Lum
June 25, 1:45pm – 3pm, Room **C**

Yvonne Rigsby Jones, Executive Director of the Tsow-Tun Le Lum Society

Nola Jeffrey, Program Director of the Tsow-Tun Le Lum Society

Tsow-Tun Le Lum means "helping house." We provide programs that address the issues of addictions and substance abuse, and that support the survivors of trauma and residential schools. Our mission is to strengthen the ability of First Nations people to live healthy, happy lives and to have pride in their Native identity.

This workshop shows how Tsow Tun Le Lum structures the Elders Program and manages cultural differences. It also describes the Elders/Healers selection and screening process, the protocols in place for their interaction with the rest of your program, their scope of work, compensation, and how they work together. Tsow Tun Le Lum uses a unique structure and is a valuable resource for those delivering culture based services.

Engaging the 7th Fire: Youth in the Healing of Their Peers,

Three Fires Midewiwin Lodge

June 25, 1:45pm – 3pm, Room **D**

Professor Nicholas Deleary, 4th degree Midewiwin teacher, Lodge Pipe Chief, and Lodge Chief

This lecture presentation is based upon thought and reflection from my experience as a community volunteer of Nimkee Nupigiwangan Youth Healing Treatment Centre since its inception. With the founding of the first Board of Directors, “our/my” Pipe and Ceremonial Artefacts have been consistently employed as an integral component of Wholistic treatment of Indigenous Youth. We have witnessed three distinct generations of community volunteers who actively engage and participate in mutual healing ceremonies with the Nimkee youth. The re-activation, learning, and healing through ceremony has been mutually beneficial for both the Nimkee youth and the larger Indigenous community. Many of the current community volunteers are youth and others who would not necessarily make a presentation in this forum; my intention is to encapsulate some of their words and thoughts into a seven layer model of wholistic ceremonial therapy.

Cultural Competency in Trauma Informed Care,

Tsow-Tun Le Lum

June 25, 1:45pm – 3pm, Room **E**

Dr. Brenda M Restoule, Chair of the Native Mental Health Association of Canada

William J. Mussell, former President and Co-Chair of the Native Mental Health Association of Canada

This workshop will explore how trauma is manifested in Indigenous peoples and communities including how it is demonstrated in everyday behaviors and experiences.

We will then discuss the importance of understanding the history of Indigenous people and how trauma has significantly impacted families and communities. We will also take the time to examine how trauma affects us on a physical, emotional, mental and spiritual level to understand why it is necessary to address trauma using cultural and holistic models of care. We will argue that trauma informed care, a mainstream therapy model, must be transformed to include cultural competency in order to best address Indigenous based trauma.

June 25, 3:15pm – 4pm, Panel Discussion – National Perspective,

Wednesday, June 25, 3:15pm – 4pm,

The Importance of Culture as Foundation to

Community Health and Wellness,

June 25, 3:15pm – 4pm, Ballroom BC

Carol Hopkins, Executive Director of the National Native Addictions Partnership Foundation

Jennifer Robinson, Senior Policy Analyst at the Assembly of First Nations

Dr. Brenda M Restoule, Chair of the Native Mental Health Association of Canada

Keith Conn, Regional Executive, Ontario Region, FNIHB

In the development of the First Nations Mental Wellness Continuum (FNMWC) framework, First Nations people across Canada identified the need to have a comprehensive framework that utilized First Nations culture as the foundation to promote health and wellness while addressing substance use and mental health challenges. This panel of presenters have played key roles in facilitating the development of the FNMWC framework and in open dialogue will respond to questions frequently asked about the role of culture in community health and wellness such as the role of language, how to apply culture at a systems level and in policy, what does this look like on the ground in community, and the balance between culture and “evidence”. The panel will also take questions from the audience.

MEET THE PRESENTERS



Iris Allen is an Inuk woman from the Inuit community of Rigolet, Nunatsiavut, Labrador. She currently is working as the Executive Director at the Charles J Andrew Youth Treatment Center in Sheshatshiu, Labrador for the past 7 years. She is a Certified First Nations Health Manager with 33 years of experience working in Aboriginal community health including Addictions and Mental Health as well as developing and delivering land based programming. She worked for the Nunatsiavut Government (former Labrador Inuit Health Commission) as the Executive Director for 26 years.

Iris is married and has 4 children and 8 grandchildren. She is also a strong believer and advocate in natural healing on the land. She goes out on the land with her family and practices an Inuit traditional way of life according to Inuit Customs and Traditions. Her love of the land and all it has to offer inspires her to help others in their healing journey.



Cheryl Bagnall is the Interim Manager of Addiction Services at Dilico Anishinabek Family Care. She is a Band member of the Bingwi Neyaashi Anishinaabek First Nation located on the Eastern shore of Lake Nipigon. This link has strengthened Cheryl's commitment to connecting the individuals and families of the Robinson Superior Treaty Area to services. Cheryl's background includes an understanding of current substance use trends, intake/client

engagement, evidence-based treatment models, traditional First Nations teachings and cultural practices, concurrent disorders, and mental health and child welfare frameworks. Cheryl has a honours degree in Sociology and Social Work from Lakehead University and has been employed within the Dilico structure since October 1, 1997.



Shawn Baker has been employed by Leading Thunderbird Lodge from its inception. He has played a variety of roles including those of cook and maintenance person, but his true passion is working with the youth within the area of 'Cultural Land Based Camps' and working with individual youth during his regular duties.

Shawn has developed a keen interest in the tanning of hides – from the hunt, to skinning, stretching, and tanning for either hand drums, robes, or the making of leather. He has been active in showing the youth how to prepare wild meat and fish by cooking over open fires, drying, and smoking.

Shawn's possess many skills that have been passed on to the youth of Leading Thunderbird Lodge.



Regional Chief Stan Beardy was born and raised on a trap line at Bearskin Lake First Nation. He attended high school and college in Thunder Bay where he also worked as a welder-fitter for several years. In order to return to a traditional lifestyle of living off the land, Beardy moved to Muskrat Dam First Nation where he was elected and served as Chief for 10 years.

Regional Chief Beardy has held a variety of leadership positions with several organizations including Sioux Lookout Chief's Committee on Health, Northern Nishnawbe Education Council, National Aboriginal Economic Development Board, and the Northern Ontario Native Tourism Association. In his role as Grand Chief of

Nishnawbe Aski Nation which he served for 12 unprecedented consecutive years, he represented 49 First Nation communities in Ontario in the territories of James Bay Treaty 9 and the Ontario portion of Treaty 5.

Throughout his time in office, Grand Chief Beardy has worked toward the implementation of traditional governance based on beneficial Treaty relationships with the governments of Ontario and Canada. He continues to champion the inherent rights of First Nations by influencing legislation, yet maintains positive working relationships with all levels of government to continue to make progress for all Peoples in Ontario in his current role as Regional Chief. He was recognized for his efforts in advocacy with the conferring of 2 honorary doctorate degrees, the first in Education by Nipissing University (2011) and the second in Philosophy by University of South Florida (2012).

In 2009, Regional Chief Beardy partnered with the Trillium Gift of Life Network to promote the lifesaving benefits of organ and tissue donation in memory of his late son Daniel. In partnership with Trillium Gift of Life, he and his wife Nellie spearheaded an awareness campaign focused on reaching Ojibway, Cree, and OjiCree speaking people in Ontario.

Regional Chief Beardy lives in Thunder Bay with Nellie and together they return home to the land as often as they can.



Alison Benedict, MSW, RSW is a member of the Mohawk Nation from Akwesasne, Wolf Clan. Her Mohawk name is Kiawenniserathe, meaning Bright Day. The roots and inspiration of her life work come from the teachings of the Peacemaker. She received her Master's degree from the University of Michigan with a focus in clinical practice with children and youth, including school social work and specialized training in child abuse and neglect.

Alison has been a professor and direct care social worker. Her teaching has focused on social work with Aboriginal peoples. Clinical work has been primarily with people who have experienced trauma, either as survivors or as witnesses. This includes work with physically and/or sexually abused and neglected children, women and men who have experienced or perpetrated violence, residential school survivors and people of various ages experiencing other life challenges.

Alison is the Provincial Aboriginal Training Coordinator in Aboriginal Engagement and Outreach with the Provincial Systems Support Program at the Centre for Addiction and Mental Health (CAMH).



Tina Bobinski is the Interim Assistant Director of Mental Health and Addictions Services at Dilico Anishinabek Family Care. She is Ojibwe and a member of Lac Des Mille Lacs First Nation. She holds a Master's degree in Social Work from Sir Wilfrid Laurier University and has worked in the Mental Health & Addictions field for 13 years. She is experienced and passionate in providing culture-centered

counselling services to Aboriginals who reside in Northwestern Ontario. She lives in Thunder Bay with her husband and seven-year-old daughter.



Nora Bressette is an Anishnaabegwe mother and grandmother from Kettle and Stony Point First Nation and has been with the National Native Addictions Partnership Foundation since 2011. She has worked as a teacher and school principal for 20 years in her home community; spent 13 years working as a teacher,

program manager, and executive director for the Nimkee Nupigawagan Healing Centre; and has developed a guidebook for the Ontario Regional Addictions Partnership Committee (ORAPC).



Crystal Burning is a member of Cayuga Nation, Wolf Clan from Six Nations of the Grand River Territory. She has a Master's degree in Public Administration – Indigenous Governance Stream from Queen's University, with a Bachelor of Arts from Wilfred Laurier University – Major in Anthropology and a Minor in Psychology. She has worked with Six Nations Council for the past 20 years as Manager of Six Nations Mental Health.



Earl Commanda is an Ojibway Nation member from the Serpent River First Nation in Ontario and is currently finishing serving his fifth year at the First Nations Market Housing Fund as Program Manager for Credit Enhancement and Capacity Building. Prior to that Earl was the Director of the Housing and Infrastructure Secretariat at Assembly of First Nations from 2004 to 2009. Earl has held a good standing volunteer record of serving on Ontario First Nations Technical Services Corporation as its first Chairperson its initial five years. He also has a long political history as well being the former Chief of his community for twenty years that includes serving 17 years as Chair of the Mamaweswen Tribal Council, and also served as Grand Council Chief of the Anishnawbek Nation. Earl has a passion for both being part of improving the lives of our people through his various roles in health, community and economic development. This interest spans most of working career currently and in the past. Earl Commanda has served in management positions for more than 30 years and brings much executive experience to his present role at First Nations Market Housing Fund.



Keith Conn is the Regional Executive of the Ontario Region for the First Nations and Inuit Health Branch (FNIHB) of Health Canada.



Chief Isadore Day, Wiindawtegowinini, of the Serpent River First Nation, Ontario which is located in the North Channel of Lake Huron. Born in Elliot Lake and raised in the North, Chief Day worked in the in construction, commercial fishing, and in the social services setting. Chief Day also has 8 years of postsecondary education in Social Work, Business and Public Administration, Governance education, and academic theory and practice. Chief Day is Anishnabek with strong values and ideals about his heritage and an ability to bridge contemporary mainstream

ideals and traditional insights and teachings.

He has been Chief since being elected in 2005. Chief Day has a combined total of 10 years in leadership. Public service ideas and dedication have seen him involved in various boards, committees, and volunteer positions over the past 19 years. With a list of diverse attributes and skills, Chief Day has been welcomed at many tables to share in efforts to make constructive change for the Anishnabek and First Nations at the Regional and National level in recent years. He is actively involved in both First Nation level and Nationhood developments with imperative efforts to bring constructive change in a dynamic and diverse political landscape. With a keen sense that First Nation Youth are an upcoming and expected force in the future in Ontario and across the Nation, Chief Day is an advocate for Youth issues and seeks to find any opportunity to meet the demands and challenges of engaging and integrating Youth in decisions and in the decision-making process. He believes that Youth in general have vision and hold leadership keys for success that need to be tapped and brought to the table and legitimized in formal process.

His current and recent posts include various portfolios as Lake Huron Regional Chief, various committees with the Union of Ontario Indians and Chiefs of Ontario, and Vice Chair of the North Shore Tribal Council.



Professor Nicholas Deleary is an Anishinabe – Ojibway Potawatomie – Otomi and a long time member of the Three Fires Midewiwin Lodge. He is a recognized 4th degree Midewiwin teacher, a Lodge Pipe Chief, and Lodge Chief. Nicholas is of the Loon clan and shares with his spouse 3 children and 9 grandchildren.

As a recognized Professor of Indigenous Studies, Nicholas has been teaching at the postsecondary level for over 35 years. Nicholas is active and a recognized leader for his community work, locally, nationally, and internationally. Nicholas has worked extensively in cultural repatriation and restoration of the Three Fires Midewiwin Lodge, Assembly of First Nations; Union of Ontario Indians, National Task Force on Museums & Aboriginal People in Canada; Museum repatriation; and the Sacred Site repatriation.

His current and recent projects include: Panamanian Indigenous National Congress; Phoenix Solutions Co., Plasma Gasification Co-generation energy from waste systems; Union of Ontario Indians, International Museum Exhibition, National Indian Education Council; Ziibiwing Cultural Education Society, Nimkee Nupigawagan National Youth Treatment Centre, the Bidassigewak Native Way School (culture and language immersion) and Four Worlds Learning Development. Lastly, Nicholas is one of the founding trustees of Dream Catchers, a live Web-based Aboriginal Secondary High School.



Jan Dewar-Catagas is the Mental Wellness Team Coordinator for West Region Treaty 2 & 4 Health Services, responsible for all operational aspects of the project. As Coordinator, Jan works with the community teams and Tribal Team, manages work plans, and maintains partnerships with federal, provincial, regional health authorities, and First Nation communities. She is a member of the Parkland Mental Health Promotion Committee and the Co-Occurring

Disorders Initiative in Dauphin, Manitoba. Jan has a Bachelor of Arts with a major in Psychology from the University of Winnipeg. She has been employed in program coordinator positions since 1997, working in a liaison capacity with First Nation leadership and community members. She is experienced in delivering presentations and facilitating workshops to diverse audiences such as government, non-profit organizations, small business owners, First Nation leaders, and community members.

Jan is a member of Lac Seul First Nation in Northwestern Ontario. She is married with 4 adult children and 4 grandchildren who are spread around Canada, the United States, and abroad (Iraq).

John Dixon is the Director, Mental Health and Addictions Services at Dilico Anishinabek Family Care. John is a member of the Mississaugas of the New Credit First Nation and a father of 3 children. He has been working in the addictions field for 14 years in various frontline and administrative capacities in urban and remote/rural settings. John has a postsecondary background in Psychology and Indigenous Learning from Lakehead University.



Tamara Dube-Clarke is a Patient and Family Partnered Care Coordinator at the North Bay

Regional Health Centre. Growing up in northern Ontario, in Blind River and Wawa, her love of the outdoors kept her close to home. Initially working in a small rural hospital, Tamara witnessed the struggles of patients to find mental health services and resources. She remained in a physical health setting until the shocking and tragic death of her sister-in-law due to mental illness. As a result, she obtained education in psychiatric nursing and obtained a position as a rehabilitation assistant in a mental health setting. Tamara is a highly skilled RPN and Occupational Therapy & Physiotherapy Assistant with a broad range of experience in the medical field. Her passion lies within the mental health sector and enabling patient voice. During the previous 3 years, she received training in participatory photography and digital storytelling. She has facilitated 9 PhotoVoice projects at the North Bay Regional Health Centre and consulted with community agencies in the implementation of 2 others. Tamara has also begun assisting patients in creating digital versions of their stories. She is committed to putting a face to mental illness.

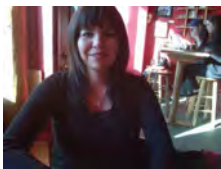
MEET THE PRESENTERS (CONTINUED)



Eileen Eshkakogan-Smith is a Community Research Partner at Sagamok Anishnawbek First Nation, Ontario. She has extensive community-based experience as a practitioner, researcher, and a director in health, social and long-term care services. Her contribution to this research is integral to

ensuring that the First Nation is strongly represented throughout this partnership. She also has extensive experience representing the promotion of individual and community wellness as a member with North Shore Tribal Council.

Eileen is on the AHAC - N'Mninoeyaa Health Steering Committee, she is a Board of Director with Nogdawindamin Child and Family Services, and is currently a Trustee on the Espanola Regional Hospital and Health Centre Board of Directors. Eileen's educational and professional background includes a Master of Social Work, Bachelor of Education, Bachelor of Social Work, and Bachelor of Arts in Social Sciences. She is registered with the Ontario College of Social Workers and Social Services Workers.



Corinne Fox, HBA, MSW is a proud member of Bearskin Lake First Nation. As mother of 3 children, all of Corinne's professional and volunteer work has focused on women and children. Corinne recently joined the Aboriginal Engagement and Outreach Division of PSSP out of the Thunder Bay office. Corinne has worked for over 18 years with

various Native organizations in Northern Ontario such as Ontario Native Women's Association, Northern Nishnawbe Education Council, Dilico Anishnawbek Family Care, Association of Native Child and Family Service Agencies of Ontario, and more recently Nishnawbe Aski Nation as the Director of the Inter Governmental Affairs on NAN Children & Youth. Corinne is the Provincial Aboriginal Training Consultant for the Centre for Addiction and Mental Health located in the Thunder Bay office. Corinne has served on various boards including Shkoday Abinojiiwak Obimiwedoan (Thunder Bay Aboriginal Headstart) & Biwaase (Urban Aboriginal Strategy) Ontario Association of Aboriginal Headstarts, Lakehead University Board of Governors, Anishnawbe Mushkiki, Nanaibijou Child Care Centre, and the National Association of Youth Suicide Prevention Initiatives Committee.



Barb Fornssler, PhD, is the Research Manager for the Honouring Our Strengths: Indigenous Culture as Intervention in Addictions Treatment (www.ti-nyurl.com/cultureasinterventionresearch) project and works in the office of the provincial Research Chair in Substance Abuse at the University of Saskatchewan. Barbara has a background in

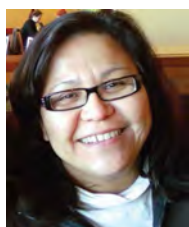
Women's and Gender Studies, and finished her doctoral work in the field of Media and Communications philosophy. She is one half of the experimental research-creation entity 'The Department of Biological Flow' based in Toronto and is an instructor for the Intercultural and International Communication MA program at Royal Roads University. Barbara's research interests focus on intercultural communications, participatory research-creation methods, philosophies of technology, gender, and embodiment.

Valerie Gideon is the Assistant Deputy Minister of Regional Operations at the First Nations and Inuit Health Branch (FNIHB) of Health Canada.



methodologies.

Laura Hall is from Sudbury, Ontario on Anishinaabe territory. Her mother's family is Haudenosaunee and her father's family is English-Canadian. Laura is currently finishing a PhD from York University in Environmental Studies. She is a researcher with Honouring Our Strengths: Indigenous Culture as Intervention in Addictions Treatment project and her areas of specialization include sustainable Indigenous planning, gender based justice, and decolonizing



abuse treatment centre that is founded on Indigenous culture and life ways, where she was the founding Director since 1996.

Carol Hopkins – Nozhem ("Mother Wolf"), of the Wolf Clan, is from the Delaware First Nation of Moravian-town, Ontario. She is the mother of 4 and grandmother of 7. Carol is the Executive Director of the National Native Addictions Partnership Foundation (NNAPF), an organization whose mandate is to support Canada's First Nations Addictions programs. Carol came to this position in 2009 from the Nimkee

NupiGawagan Healing Centre Inc., a youth solvent

Carol co-chaired a process for 7 years to develop and implement a renewed framework for the National Native Alcohol and Drug Abuse Program (NNADAP) and the Youth Solvent Abuse Program (YSAP). The result of this process is the Honouring Our Strengths: A Renewed Framework to Address Substance Use Issues in Canada which guides First Nations, federal and provincial governments and has influenced the path for other federal government policy review and development. The HOS renewal framework and implementation is a partnership between the Assembly of First Nations (AFN), NNAPF, and First Nations and Inuit Health Branch (FNIHB) of Health Canada.

Carol's work in the field of addictions also includes other leadership activities such as serving as the Chairperson for the National Youth Solvent Addiction Committee (YSAC) for 7 years with a focus on developing best practice guidelines for culturally based inhalant abuse treatment. Carol has represented First Nations clients on the Board of Directors for the Canadian Council for Health Services Accreditation, now known as Accreditation Canada, and participated in the development of the AIM accreditation program and standards. She also was an Accreditation Surveyor in both the mainstream health care system within Canada and within First Nations community health and addictions organizations.

Her strength in the health profession is the ability to blend western and Native traditional health & healing practices in a competent and responsive manner. In this regard, Carol has taught for various postsecondary institutes including Anishinabek Education Institute, Native Social Work program at Laurentian University, and currently is a Professor in the Social Work Program at Kings University College of the University of Western Ontario. She holds a Master's degree in Social Work from the University of Toronto. Carol has received the Walter Dieter Award from the AFN in recognition of academic achievements made in the field of Social Work.



Renita Houle is the Mental Wellness Advisor for West Region Treaty 2 and 4 Health Services (WRTHS) with which she manages the Short-Term Crisis Intervention-Mental Health Counselling Program, the Mental Wellness Team Pilot Project, and co-manages the Indian Residential School Program. In addition to her manage-

ment roles, she administers the Addiction Services Program providing direct client services in the area of addictions to WRTHS First Nation community members and as advisor to the WRTHS community-based NADAP Workers. Previous to working at WRTHS, she was employed in her community of Ebb & Flow First Nation as NADAP Worker for 17 years.

Renita is a registered Social Worker who completed her Bachelor of Social Work degree in 2006 (distance education program) from the University of Manitoba. She is also certified as an Indigenous Certified Addictions Specialist III through the First Nations Wellness/Addictions Counsellor Certification Board. She also completed the 2 year Aboriginal Health & Human Services Workers Diploma Program.

She has been a member of many committees and boards throughout her career. She is currently the representative for Manitoba NNADAP Prevention on the Manitoba First Nations Wellness Advisory Committee (FNIHB) and is involved in the Mental Health Wellness Teams - Tribal Council Working Group (FNIHB - Manitoba Region).

Renita is originally from Vogar, Manitoba. She is a member of the Ebb & Flow First Nation which is where she resides with her husband. They have 3 children and 7 grandchildren.



Larry House is a member of the Sundance family. He is the Chisasibi Mental Wellness Coordinator as well as community advocate in the field of cultural safety and cultural approaches to justice and wellbeing. He was taught *iiyiyu* knowledge by elder Robbie Matthew and his late wife Sally Matthew in the bush and worked at Anishnawbe Health Toronto. Larry is a firm believer in the universality of truth manifest in Spirit that has been known to sacred knowledge keepers since time immemorial. He is now working to awaken this truth in his community and build alliances for living a good life.



Sonia Isaac-Mann is originally from Listuguj Mi'gmaq First Nation in Quebec. She holds a Master of Science degree in Medical Sciences – Public Health Sciences with a focus on Population Health, within the Faculty of Medicine at the University of Alberta. She also holds a Bachelor of Science Degree from Bishop's University. Sonia has the capacity to conduct research directed toward prevention, intervention, health education, advocacy, policy and project design and evaluation of appropriate service delivery. Sonia currently works with the Assembly of First Nations as the Associate Director of Health within Safe, Secure, and Sustainable Communities. She has a high level of understanding and expertise related to First Nations health research, health information, health policy, health programs, epidemiology, First Nations interpretation, and First Nations Cultural Frameworks.



Nola Jeffrey is a Tsimshian woman of the Gitando tribe from the House of Sgagweet. She is a well-accomplished student, earning her Bachelor of Arts in First Nations Studies from Malaspina University College as well as multiple counseling trainings including completing her Trauma training through the Justice Institute and her Alcohol and Drug training through the Nechi Institute. She considers her highest accomplishment to be her role as Gigi to her 3 beautiful grandbabies.

She has worked at Tsow Tun Lelum since May of 2000. She was facilitator in the Qulaun Trauma Program for 7 ½ years, when she then transitioned to Program Director. As Program Director she has had the honour and privilege to work with many gifted Elders whom she continuously learns valuable teachings from. Nola is a very giving person who is excellent at taking care of those around her. She works tirelessly to be sure that Tsow Tun Lelum is as successful for the clients as it can be.



Eva Jewell is Deshkaan Ziibing Anishinaabekwe from Chippewas of the Thames First Nation (COTTFN) in Ontario. Eva is a Doctor of Social Sciences student at Royal Roads University. She holds an MA in Indigenous Governance from University of Victoria and a BA in Indigenous Liberal Studies from the Institute of American Indian Arts. Eva is always interested in exploring how Anishinaabe *aadziwin* (Indigenous life) is recreated daily through our active presence and practice and the infinite possibilities for wellness in indigenous communities impacted by colonialism. Eva is the Comprehensive Community Development Coordinator for COTTFN.

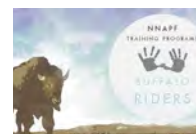


Betsylee Kechego, Waawaaskone – Boozhoo, Aanii kina weya. Waawaaskone n'dizhnikaaz, Deshkaan Ziibing n'doojiba. Greetings everyone and thank you for the opportunity to be part of this conference and share with you all today. I will share a little bit about myself; I am from Chippewas of the Thames First Nation, the original place of Antler River of the Anishinaabeg. I presently reside in Chippewa with my 19 year old son and serve as a Counsellor for Chippewas of the Thames First Nation. The portfolio I am involved in is Governance, Heritage, and Culture and Language. I am actively involved in my community with volunteerism and hosting various community engagements.

Prior to community engagement and Council, I was a Social Worker and School Counsellor. It was a true learning experience working with Social Services and reflecting to me another understanding of how deep the roots of residential school are in my community. This understanding of community and learning encouraged me to further my education. I applied to a 4 year language immersion program through Bkejwanong First Nation and University of Ottawa; I completed B.Ed. and have learned to understand my grandmothers' language. However, with these new understanding and responsibilities I hope to give back to my community by creating new tools that encourage learning and new understanding for relationship building as a whole. Chippewa is currently involved in a Community Development process that promotes wellness and healing strategies.



Tina Leclair has worked in the field of addictions and mental health for over 15 years. Tina has engaged in both rehabilitation and prevention work serving both adult and youth populations. She has been involved in numerous projects to advance and enhance the addictions services continuum in Manitoba. Tina is involved in many working groups and committees – most notable in the area of drug and alcohol treatment are her positions as the Chair of the Addiction Agencies Network in Manitoba, member of the FPT Problematic Substance Use Liaison Committee, and Co-Chair of the Provincial Cooccurring Disorders Leadership Team.



Ron LePage is originally from Brochet, a small community in northern Manitoba. He has been living in Cross Lake for 17 years with his wife Bertha and is a father of 6 children and 13 grandchildren. He started working for the Cross Lake First Nation in October 2000 as a Crisis Line Counsellor and has experience with the AHF (Community Healing Program), BHC Coordinator mental Health program, and Awasis Agency CFS.

He and his wife are master trainers for ASIST and anger management facilitators. Ron is a co-facilitator on the domestic violence program, a crisis team leader in the school, and has implemented the Buffalo Riders early intervention program for youth. He is also the founder, organizer, and coach of the Cross Lake Elite Boxing Club which he runs every week with Larry Blacksmith.

MEET THE PRESENTERS (CONTINUED)



Lauree Linklater-Pizzale is
Manager of the Psychiatric
Rehabilitation and Recovery

Program at the North Bay Regional Health Centre. A Moose Cree First Nation member, she has 15 years of mental health and addictions experience as both a front line worker and in a management role. Currently, Lauree manages the allied health team in her program including hospital wide services such as Regional Aboriginal Mental Health Services, Peer Support, Homes for Special Care, Regional Outreach, and the OTN for the Mental Health Centre where her focus is to build capacity for personal resilience in the people she serves. Lauree received the official PhotoVoice training in the UK in 2011.

Ioni Longclaws Bio not available



Deborah McLean, ICADC, has worked for over 25 years in the field of addiction treatment and worked in various settings as a clinical and guidance counsellor and clinical/program administration. Deborah is a former Emergency Medical Technician (3 years, McLean's Ambulance James Smith FN) and is currently working at Leading Thunderbird Lodge youth treatment centre as a Clinical Supervisor. Her experience arises out of many years of dealing with

people with addiction, trauma, and related mental health issues from the streets to within her own profession and work with front line responders. Deborah was recently awarded the 'Addiction and Mental Health Certificate' to recognize her achievements and years of service in the field of addiction and helping community members and their families.



Grand Chief Patrick "Wedaseh" Madahbee has over 30 years of experience in Band politics, 17 years of which he has served as Chief. From 1993 - 1999 he served as Manager of Aboriginal Financial Services for TD Trust. Grand Chief Madahbee's prior roles on a regional level include Grand Council for the Anishinabek Nation and the Union of Ontario Indians. He was also a Regional Sales Manager for the First Nations Bank of Canada.

His professional experience and dedication in active leadership positions include chairperson for the Robinson-Huron Treaty Claim Legal Strategy Team and the Anishinabek/Ontario Fisheries Resource Center. Grand Chief Madahbee has been involved in all areas of business development, management, finance, Band management, program supervision, community infrastructure and development, federal and provincial programs, and resources. He is also an active participant in the political arena.



Isabelle Meawasige is a Bear Clan Woman of the Serpent River, Ojibway, with a background is Social Work. She is a traditional helper, a counselor, and a ceremonialist. Isabelle has a permanent home on the Serpent River First Nation in Cutler, Ontario, where she lives with her partner and best friend, Blain. Her community is the source of her support, strength, and pride.

She is well-traveled and has worked in a variety of specialty areas including Child and Family Services, Mental Health Settings, Sexual Assault Groups, Indian Residential School Movement, and the Métis Community Wellness. Since 1999, she has presented powerful soul

healing workshops at numerous Indigenous Peoples conferences in every province in Canada and in the US of A. – child and family conferences, mental health, and family violence conferences are some of the many places she has presented. She is also involved in the Women's Wellness Movement that is sweeping the Globe and has been invited to present at the Women's World Conference in 2014 in India.

Isabelle promotes Traditional Aboriginal Cultural Perspective in all her work. The connection to the Elders/Teachers remains strong has been a guiding force in her life. They were influential in how she chose to live the "good life." This motivated her to design programs that reflected the "Traditional Aboriginal Cultural Teachings" – she struggled to design her model of social work practice to ensure that it reflected cultural values. She combines the "Ancient Teachings" with contemporary education to bring understanding and healing to many, many people. In 2011, she became an entrepreneur and opened her own business with home office. Isabelle continues to consult and to provide specialized Indigenous models using ancient technologies.



William J. (Bill) Mussell is a Sto:lo Social Worker, Adult Educator, and M.H. Leader. Bill was born and raised on the Skwah First Nation at Chilliwack Landing in the Fraser Valley. In the 1960s he graduated from UBC with credentials in arts and science, social work, and secondary teaching; was Chief and Band Manager of his home First Nation; and he began a career in post-secondary education.

In the 1970s he was Executive Director of the Union of B.C. Indian Chiefs, was founding chair of the Coqualeetza Cultural Education Centre, served on the founding council of the U. of the F.V., and was appointed to the National Parole Board as a full time member. In 1982 he became self-employed and since then he has dedicated his attention to community health, Band governance, social development and health/mental health, and addiction challenges.

Bill has filled many leadership roles including that of spokesperson, manager, executive director, co-investigator, and president. After 20 years as its president and co-chair, he retired from the Native Mental Health Association of Canada on September 30, 2013. He continues to serve as the principal educator of the Sal'i'shan Institute, a private post-secondary education organization that specializes in health, education, mental health, addictions and social development. His lifelong work has included curriculum development and teaching at post-secondary levels, research and writing, professional consulting, and leadership development. He and his wife Marion work out of their home on the Skwah First Nation at Chilliwack.



Laurie Nicholas and Roxanne Sappier are Maliseet women and are experienced in the First Nations health field. They have worked in various capacities at community, regional, and national levels. Cultural practices have made a positive impact in the presenters' personal and

professional lives. They look forward to sharing their knowledge and resources. The Spirit lives within each of us; let's have a conversation together.

Laurie Ann Nicholas, BSc. RD, is Maliseet from the Tobique First Nation in New Brunswick. Laurie is employed by Mawiw Council of First Nations and has worked as the Community Health Coordinator since 2008. Laurie graduated in 1988 from St. Francis Xavier University with a Bachelor of Science degree and completed her Internship with the Ottawa Dietetic Internship program in 1990. Laurie was the first

Aboriginal Registered Dietitian in the Atlantic region.

Laurie has worked in the First Nation health field for 24 years and is recognized for her work across Canada including various positions in Moose Factory, Akwesasne, and in the Atlantic region as well as her involvement on various community, regional, and national committees. Laurie is the co-founder of the Aboriginal Nutrition Network within Dietitians of Canada which began in 2001.

Laurie is the second youngest of eight children and is the proud daughter of Marilyn and Andrew Nicholas. Laurie enjoys drumming, participating in ceremonies and cultural events, walking, zumba, and spending time with friends and family.

Roxanne Grace Sappier is a proud Wolastoq woman from the Tobique First Nation. She attended Indian Day School until she was 10. After graduating from High School in 1983, she studied Office Management from the Atlantic Business Collage. She then obtained her Certificate of Health Administration from the University of New Brunswick and her Certificate of Social Work from the University of St. Thomas. Roxanne completed the Mikmaw-Maliseet Bachelor of Social Work program with St. Thomas University.

Roxanne has a 25+ year work history with the Tobique First Nation in various management positions. She has been the Executive Director of Health for the Tobique First Nation community since 1999. She sits on committees and special project teams that address the health priorities for her home community of Tobique. As Director of Neqotkuk Health Services, she was instrumental in achieving national accreditation of the health facilities in Neqotkuk.

While her life is dedicated to her family, the well-being of her community and Nation is also close to her heart. She has been happily married to Lyndon Sappier for the past 25 years and has two beautiful children – Grace age 9 and Josh age 20.



Eddie Pashagumskum is a Cree hunter, cultural resource, and Elder born and raised on the land. He spent most of his formative years living on the traditional territory of his family before being taken to the residential school. Eddie's dedication to improving the wellbeing of the community and especially the youth has led to the creation of the

Land-based Healing model. He is an educator and storyteller who aims to mobilize iiyiyuu knowledge for the benefit of all people.



Kelly Pasloski has been involved within education for 37 years. Within this time, he has played many roles as an educator. He was an educational administrator for 30 years and taught a variety of subjects from Kindergarten to Grade 12. For 16 years he was employed within Band operated schools and the balance in the public school system. As an educator, he has truly developed a love for the traditional Aboriginal way of life. For this he has to thank Kokum Dorthy Starr and Kokum Alice Swanson.

Kelly has been employed by Leading Thunderbird Lodge for 5 years. The 'Culturally Based Horizontal Curriculum' is being developed with the help and support of the Faculty of Education – University of Regina, Vee Whitehorse – teacher and personal cultural advisor, and administration.



Norma Petahtegoose is Anishnawbe-kwe originally from the Sagamok First Nation. She has been a staff member of Atikameksheng Anishnawbek for three and a half years as their Housing Coordinator. In the organization structure she currently reports to the Manager of Public Works in the Community Assistance Department.

Her experience in housing has been extensive and innovative. In those three and half years the program

has developed extensive housing policies adopted by Chief and Council. These policies assist with the administering and managing the housing program. We have been diligent with collecting arrears and rent. When she had started in the position three and a half years ago, housing arrears was at a high of 85% of occupants in arrears. Today it is down to 24%. This is major achievement for this First Nation.

Currently, Atikameksheng Anishnawbek is in the final stages of the development of a Nationwide First Nations Sustainable Development Standard which will assist communities in building healthy and safe homes for its members. As a project team member, Norma can affirm that this standard will go a long ways to further build the community's capacity that is much needed in Atikameksheng and most other First Nations.



Caroline Recollet is a member of the Wahnapiet First Nation located north of Sudbury, ON, and was born and raised on the Wikwemikong Unceded Indian Reserve on Manitoulin Island. She is an Anishinaabe Kwe Nookimus from the Anishinabek

Nation. Caroline brings over 30 years of experience working with Aboriginal, First Nations, and Métis communities both in Ontario and in Alberta. She holds a Master's degree in Environmental Studies from York University with a focus on First Nations/Government and Resource sector relations. Caroline is presently a part-time doctoral student in Rural & Northern Health at Laurentian University. She is interested in research that explores positive narratives and stories of Aboriginal grandmothers in Canada that promote mental, physical, spiritual, and emotional health and well-being through Indigenous worldviews and methodologies. Caroline is an apprentice of the Indigenous Sacred Arts and healing and has studied with numerous Indigenous shamans, elders, and medicine people over the past twelve years. She is presently the Aboriginal Initiatives Lead with the Centre for Addictions and Mental Health (CAMH).



Dr. Brenda M Restoule (Waub Zhe Kwens) is from Dokis First Nation (Ojibwa) and from the Eagle Clan. She is a registered clinical psychologist who received her undergraduate training from Western University and her graduate training from Queen's University. Dr. Restoule recently assumed the chair of the Native Mental Health Association of Canada where she has been an active member for almost 20 years. The bulk of her practice is providing direct clinical services and

consultation to First Nation peoples and communities in Anishinabek territory. She also acts as a consultant to government in the area of Indigenous mental health, addictions, and mental wellness including acting as co-chair with the Assembly of First Nations and First Nation and Inuit Health Branch on the development of a First Nation Comprehensive Mental Wellness Continuum Framework. She is an invited trainer and speaker to regional, national and international events and has authored book chapters and training manuals pertaining to Indigenous mental health and wellness. Some of Dr. Restoule's past work experience includes Prison for Women and the Royal Commission on Aboriginal Peoples. She has particular interest in cultural safety, Indigenous community development and capacity building, and reducing suicide rates in First Nation communities using Indigenous knowledge and practices.



Yvonne Rigby-Jones works as the Executive Director of the NNADAP funded Tsow-Tun Le Lum Substance Abuse Treatment Centre located on Snaw-Naw-As land, Coast Salish territory Vancouver Island, B.C. Yvonne understands that traditional practices and ceremony are the way home for many of the residents at the Centre. The foundation of her work stems from belief and acknowledgement that our ancient ways are integral to our wellbeing. For almost 30 years Yvonne has worked with the Tsow Tun Le Lum team, providing healing for many who have suffered the effects of addiction and trauma in their lives. Working side by side with an excellent mentor and now retired Charles McLaughlin interning and returning to University to study Program Management; her career in Addiction and Trauma Treatment developed.

A "mixed blessing" being born to the late Mildred White Simpson, Snuney-

MEET THE PRESENTERS (CONTINUED)

muxw First Nation and late David Simpson, (her dad was first generation born in this country) the gifts of being immersed in two worlds and receiving unconditional love have served her well in the healing field. Now many years later as the mother of 3, grandmother of 4, wife, sister, and friend she continues to enjoy the rhythm and challenges of her work. She has listened, encouraged, challenged, and always led with her heart. She believes in compassion because compassion works.



Jennifer Robinson is a Senior Policy Analyst for the Assembly of First Nations in Ottawa. She has recently moved to Algonquin territory from Coast Salish territory where she worked as Health Actions Leader for Vancouver Coastal Aboriginal Health Strategic Initiatives. Jennifer is an Algonquin woman from Timiskaming First Nation in Quebec who has worked extensively in First Nations communities and government over the past 15 years. She has worked closely with the National Native Addiction and Drug Abuse

Program (NNADAP) treatment center directors and community NNADAP workers to identify mental health and addictions service barriers and helped to integrate telemedicine to address some of the access to addictions treatment challenges. She has delivered training nationally and internationally in the areas of prescription drug abuse prevention, intervention, chronic disease management, and First Nations education. Jennifer and her husband have a five year old daughter Sophianne Kijate and a three year old son Luca Kijigate.



Paula Robson is an experienced Knowledge Broker and Registered Nurse who earned her BN from Memorial University of Newfoundland and her MScN from the University of Ottawa. Paula has over 20 years of experience in public health, health promotion, and population health. As a Nurse Clinician, she coordinated a child development program for infants and children who were prenatally exposed to alcohol and other drugs and their families with an outreach clinic in Vancouver's Downtown Eastside. As Director of Early Child Development with the Canadian Institute of Child

Health, Paula led health promotion and prevention initiatives to improve the health and resilience of Canada's children and youth. She led the development of a regional health promotion initiative to reduce obesity among Ottawa's youth. Paula pioneered the knowledge broker role in public health through her work with Health Evidence at McMaster University. Paula now works as a Knowledge Broker with the Canadian Centre on Substance Abuse, which has a legislated mandate to provide national leadership and evidence-informed analysis and advice to mobilize collaborative efforts to reduce alcohol- and other drug-related harms.



Alex Russell is a Program Manager with The Six Seconds Emotional Intelligence Network – a global non-profit dedicated to connecting people across the world that choose to practice EQ skills. Having been trained originally as a molecular biologist, she moved into the field of EQ when she realized that working with people was her true passion. She works around the world and in different contexts using assessments,

leading trainings, coaching and facilitating based on the Six Seconds models of EQ and the change process.



Ernest Sauve is a member of the James Smith First Nation, located in Central Saskatchewan. Ernest's first language is Cree and he continues to communicate proficiently in his original language. The values that he practices throughout his life are tied to the influence of his grandmother who was his surrogate parent, mentor, and traditional teacher. His

introduction to the mainstream world was upon attendance of a public school where he learned to speak English. His academic achievements include attendance of Gabriel Dumont Institute - Human Justice Program accredited by the University of Regina.

Ernest's career has surpassed 40 years of work within Mainstream and First Nations organization primarily working in administrative and social/addictions capacities. Currently, Ernest is the Executive Director of the White Buffalo Youth Inhalant Treatment, a solvent abuse facility located on the Sturgeon Lake First Nation.

Ernest is in his own recovery and now is an advocate for personal wellness. In his current capacity, he embraces Research activity as a process of validating "best practices" and promotes innovative approaches in treatment design such as use of Equine Therapy. In addition, Ernest supports that culturally based programs are a foundation for promoting identity and self-esteem enhancement for First Nation, Métis, and Inuit youth.



Chief Allan Towegishig, Long Lake #58 First Nation



Dustin Twin is from Swan River First Nation Treaty 8. He is married with 3 children and 6 grandchildren. Dustin is the Co-chair of 3 Eagle Wellness Society and Elders Coordinator of Treaty 8 First Nations. Dustin has been clean and sober for 28 years, attended residential school for 8 years of his life, and later spent 4 years at the University of Calgary. He has served his community as Chief for two terms and lives by

traditional values and cultural principles.



Angelo Wasteste, Cultural Coordinator of the Leading Thunderbird Lodge, has been working with at risk youth within the areas of culture, education, and recreation for 26 years. He has been attending and participating in ceremonies on a continuous basis since a young boy as this was his family's way of life. He dedicated his life to the traditional Pow-Wow and Ceremonial Drum as lead singer of the Elk's Whistle Singers of Sioux Valley, Manitoba. Angelo would like to acknowledge his maternal Grandfather, Gilbert Akisha, who passed onto his father, uncles, and

brothers the Dakota way of life. One of his teachings was to share and help whenever called upon. He has made this his primary objective and personally strives to follow these teachings. Often, Angelo is called upon to help at traditional ceremonies and teaching youth to sing Pow-Wow and Ceremonial songs.



Dr. Steve Weatherbee is the President and CEO of eCenter Research Inc., an Dr. Steve Weatherbee is a researcher and President/CEO of eCenter Research. He graduated from the University of Pittsburgh with an interdisciplinary doctoral degree in Policy and Administration, Public Health, and Social Work. eCenter Research provides mental health

and addictions treatment providers with customized Webbased Assessment and Advanced Reporting Systems. These systems empower organizations to efficiently manage client screening and assessment to accurately detect and quantify problem severity of psychosocial health and substance use problems, track client response to treatment use clinical outcomes, and implement 'real time' systems of formative program evaluation. In addition, eCenter Research manages worldwide distribution of the DUSI-R (multivariate mental health and substance use assessment) and works with organizations to conduct specialized research to further develop the practical utility

of the DUSI-R (Drug Use Screening Inventory Revised) including culturally sensitive adaptation, prediction of risk for relapse (drug, alcohol), prediction of risk for recidivism (DUI's, juvenile delinquency), and validation of specialized decision tree models.



Marilyn Willier is from Sucker Creek First Nation Treaty 8 and is married with 5 children and 3 grandchildren. Marilyn has worked in the Mental Health and Addictions Field in a variety of positions over the last 20 years. Marilyn strives to look for new and creative programing that can benefit community and treatment programing. Currently employed by 3 Eagle Wellness Society – Family Violence Prevention, she is currently designing and in the process of implementing "Holistic Wellness", which is a Community Prevention, Treatment, and Aftercare program.



National Native Addictions
Partnership Foundation
(NNAPF)



NNAPF
TRAINING PROGRAMS



BUFFALO
RIDERS

Dear Stakeholder

The National Native Addictions Partnership Foundation (NNAPF) announced the Manitoba First Nation School Based Early Intervention Project in November 2011. The NNAPF Buffalo Rider project is designed to enhance and strengthen community-based capacity to provide at-risk youth with early and Brief Interventions and support services to help reduce harmful substance-using behaviour.

Since then, the NNAPF Buffalo Rider School Based Early Intervention project has trained more than forty participants who were selected from across the province of Manitoba. National Native Addictions Drug and Addiction Program councillors, health and school resource/support staff have taken the training. The five day training included the latest research and culturally specific teachings about youth resiliency, risk and protective factors, and developmental assets-factors which research has identified as critical for young people's successful growth and development.

"This training was the best training I've ever been to. I've never received so much valuable resources. Thanks you very much for everything! I really appreciated everything."

Buffalo Rider trainee

NNAPF will deliver a five day training session in **London, Ontario August 11th to 15th, 2014**. There are only twenty available spots for applicants. The first twenty to register will be accepted into the program. The training fee is two thousand dollars (\$1,700.00) payable upon registration.

Back in your community, the modules will be delivered by First Nation community staff members who have successfully completed their 5 day training session. The NNAPF Project Coordinator will assist you and your community with screening and assessments. The NNAPF Project Coordinator and participants will work together and develop 10 sessions that best fit their community needs. The trained facilitators will IMPLEMENT the 10 week program with the assistance of the NNAPF Project Coordinator. The training material will also be available online in a virtual training centre, to ensure that ongoing capacity building can be maintained.

"All the facilitators left their training energized, enthused and excited about implementing the School Based Early Intervention Program will all the necessary resources and skills. Their community knowledge and skills will also enhance their program tremendously, by providing the cultural knowledge needed to make their training successful and geared to their specific community needs."

Nora Bressette, Project Manager

In addition, two other training sessions will be held on December 1-5/14 and February 23-27/15. If you're interested in the next training session please contact: **Nora Bressette at nbressette@nnapf.org or by calling 519-786-5713.**



FIRST NATIONS WELLNESS/ADDICTIONS COUNSELLOR CERTIFICATION BOARD

LETTER OF ACCREDITATION

For the training provided at the Honouring Our Strengths 2014 National Conference

May 28, 2014

The First Nations Wellness and Addictions Counsellor Certification Board congratulates the hosts and sponsors of the Honouring Our Strengths 2014 National Conference taking place on June 24 and 25, 2014, in Ottawa, Ontario.

The conference is offering a valuable program of training workshops and sessions that NNADAP workers will be able to apply to their FNWACCB certification and recertification. The details of the conference training program accreditation are documented in the attached "List of workshops and sessions with accredited hours".

Please ensure that Certificates of completion bear the logo of the conference, are signed, dated by facilitators and show the title of the sessions attended with their accredited hours.

In the spirit of healing

Giselle Robelin
Registrar and Director of Standards
First Nations wellness/Addictions Counsellor Certification Board

We gratefully acknowledge funding from the First Nations & Inuit Health Branch – Health Canada



HONOURING OUR STRENGTHS NATIONAL CONFERENCE

FNWACCB TRAINING SESSIONS ACCREDITATION

List of workshops and sessions with accredited hours

The First Nations Wellness and Addictions Counsellor Certification Board has accredited the Honouring Our Strengths National Conference. Applicants for FNWACCB certification will be able to claim the following Education/Training hours by submitting their signed certificate of attendance. Certificates must bear the logo of the conference, be signed and dated by the facilitators and show the title and hours of the sessions.

Tuesday June 24 th , 2014	
Session Title	Hours
Keynote addresses and presentations	2hrs 15
Morning – 10:45 – 12:00 noon	
Workshop titles	hours
Designing a Culturally Safe Land-Based Wellness Model: Lessons Learned from the Cree Nation of Chisasibi, QC	1hr15
Expecting Respect and Wholistic Wellness -3 Eagle Wellness	1hr15
The Spirit Lives: Sharing Cultural Experiences in Mental Health and Addictions	1hr15
Photo Voice: Promoting Recovery in a Mental Health and Addictions Setting	1hr15
Anishinaabe Mekina Mino-Ayawin	1hr15
Afternoon – 1:45 – 3:00 pm	
Workshop titles	Hours
Sustainable Project for Youth - First Nations Market Housing Fund	1hr15
Culturally-Based Horizontal Curriculum	1hr15
Grandmothers Mentoring Young Girls	1hr15
The Helping Horse	1hr15
Culturally-Based Residential Treatment Program	1hr15
Afternoon – 3:15 – 4:00 pm	
Workshop titles	Hours
First Do No Harm Strategy -Canadian Centre on Substance Abuse	1hr15
Healing on the Land Program at the Charles J Andrew Youth Treatment Program	1hr15
Culture as Intervention Research Project	1hr15
An Overview of the Addictions Management Information System	1hr15
Changing Perspective - Centre for Addictions and Mental Health	1hr15
Maximum accredited hours for Tuesday June 24th, per participant	6 hours
Wednesday June 25 th , 2014	
Session Title	Hours
Keynote addresses and presentations	2hrs
Morning – 10:45 – 12:00 noon	
First Nations Culture-Centred Transformation in Addictions Treatment	1hr15
Dilico Anishinabek Family Care	1hr15
Chronic Pain Management	1hr15
Six Nations First Nation	1hr15
Understanding Tobacco Use Amongst Youth in Four First Nations,	1hr15
Empowering Community Narratives, Chippewas of the Thames First Nation	1hr15
Strengthening Capacity: A Discussion on Wage Parity for Counsellors Addressing Substance Use Issues among First Nations in Canada,	1hr15
Afternoon – 1:45 – 3:00 pm	
Leading Change– Promoting Leadership in Facilitating Change,	1hr15
Strengthening Self to Help Others, Centre for Addictions and Mental Health	1hr15
Strengthening the Workforce with Elders in the Delivery Culture Based Services,	1hr15
First Nations Community Based Alcohol Policies: Guidelines in Development	1hr15
Cultural Competency in Trauma Informed Care	1hr15
Afternoon – 3:15 – 4:00 pm	
The Importance of Culture as Foundation to Community Health and Wellness	1hr15
Panel Discussion– National Perspective	1hr15
Maximum accredited hours for Wednesday June 25th, per participant	5hrs 45
TOTAL HOURS ACCREDITED FOR THIS CONFERENCE	11hrs 45mn

From the Registrar, FNWACCB

Date: May 28, 2014



Fondation autochtone
nationale de partenari-
at pour la lutte contre
les dépendances
(FANPLD)



Association autochtone
de la santé mentale du
Canada

PRÉSENTENT HONORER — NOS — FORCES 2014

CONFÉRENCE NATIONALE

Les 24 et 25 juin 2014
Delta Ottawa City Centre,
101, rue Lyon Nord

Une Conversation sur le recours à la
Culture des Premières Nations
pour faire face aux problèmes de
toxicomanie et
promouvoir le bien-être

Pour de plus amples informations:

En ligne: www.nnapf.com
Courriel: conference@nnapf-fanpld.org
Téléphone: 1-866-763-4714

Joignez-vous à nous le 26 juin 2014 à l'occasion de l'Assemblée générale annuelle de la FANPLD.



Programme de la conférence - Table des matières

Bienvenue à HNF2014 _____ 1

Conférenciers d'honneur _____ 3



Au nom de la Fondation autochtone nationale de partenariat pour la lutte contre les dépendances (FANPLD) en partenariat avec l'Association autochtone de la santé mentale, c'est avec un grand honneur et beaucoup de plaisir que nous vous accueillons à la Conférence nationale Honorer nos forces 2014.

Notre mission est d'engager « une conversation sur le recours à la culture des Premières Nations pour faire face aux problèmes de toxicomanie et promouvoir le bien-être ». La culture des Premières Nations doit être tant à la base qu'au cœur de la lutte contre les toxicomanies et la promotion du bien-être des individus, des familles et des collectivités. Cette conviction se renforce de plus en plus au sein des collectivités et des administrations, ainsi qu'auprès des prestataires de services des Premières Nations et Inuites, et se reflète également dans leurs politiques et recherche. Toutefois, de nombreuses questions subsistent quant à la façon dont la culture est intégrée dans des domaines tels que l'élaboration des politiques et des programmes, la prestation de ceux-ci, l'évaluation et la recherche. Actuellement, il existe un certain nombre de modèles à succès où la culture est appliquée dans la recherche et les politiques, ainsi que dans la conception et la prestation des programmes. Des événements tels que celui qui nous rassemble aujourd'hui, nous offre l'occasion de discuter de ces modèles et fournir un accès précieux à un réseau de connaissances et de pratiques autochtones à ceux qui interviennent auprès des personnes, des familles et des communautés des Premières Nations.

Les trois conférenciers d'honneur à la conférence sont Madeleine Dion Stout, l'aîné Jim Dumont et Michaela Shannon. Il y aura au total 24 séances captivantes de travaux en atelier, y compris des exposés spéciaux présentés par Nora Bressette, Ron LePage, et Tina LeClair sur le programme d'intervention précoce en milieu scolaire Buffalo Riders. À la suite de tous les travaux en atelier, il y aura une table ronde qui portera sur l'importance de la culture comme fondement du bien-être. En plus d'offrir une grande variété d'exposés éducatifs et donnant matière à

réflexion, la conférence sera une excellente occasion d'interagir avec des délégués de partout au Canada.

À titre de Président du conseil d'administration et Directrice exécutive de la Fondation autochtone nationale de partenariat pour la lutte contre les dépendances (FANPLD), permettez-nous de saisir cette occasion pour dire merci à tous ceux qui ont travaillé à la planification et à l'organisation de cette conférence. Nous tenons particulièrement à remercier tous nos partenaires et nos commanditaires de leur soutien on ne peut plus précieux.

Nous tenons également à remercier tous les délégués qui prennent part à la conférence de cette année. Honorer nos forces 2014 n'aurait pu être réalisé sans l'appui d'un groupe de personnes aussi motivées de tant de différents endroits au Canada.

Enfin, nous vous invitons à nous rejoindre ici même à l'hôtel Delta Ottawa City Centre le 26 juin à 9 h, à l'occasion de l'Assemblée générale annuelle de la FANPLD.



Le chef Austin Bear,

Président du conseil d'administration, Fondation autochtone nationale de partenariat pour la lutte contre les dépendances



Carol Hopkins,

Directrice exécutive, Fondation autochtone nationale de partenariat pour la lutte contre les dépendances

Jim Dumont, Onaubinisay



Onaubinisay (qui marche au-dessus du sol) ou Jim Dumont est Ojibway-Anishinabe du clan Marten. Il est originaire de la Première Nation de Shawanaga dans la partie est de la baie Georgienne. Il est le chef de la porte de l'Est de la Three Fires Midewiwin Lodge et de ce fait, le garde du Tambour à eau sacré de la Lodge Midewiwin. Il est aussi dirigeant dans la partie est du territoire de Midewiwin Anishinabe.

Jim fut professeur d'études autochtones à l'Université laurentienne de Sudbury pendant 25 ans, de 1975 à 2000. Il est l'un des fondateurs du département d'études autochtones dont il fut le chef pendant quatre ans, de 1984 à 1988. Il fit également partie des pionniers du mouvement contemporain de la société du Midewiwin. À l'Université laurentienne de Sudbury, Jim conçut et enseigna des cours en tradition et culture, en psychologie autochtone, en perspective autochtone, en éducation des autochtones, ainsi que des cours liés aux enjeux des peuples autochtones dans le contexte international.

Michaela Shannon



Michaela Shannon est membre des Premières Nations de Frog Lake en Alberta. Actuellement, elle vit à Saskatoon, Saskatchewan. Elle s'apprête à déménager à Toronto cet automne. Elle a 18 ans et elle a terminé sa première année à l'U de S. Après son bac en Compétence autochtone et Criminologie, elle compte se spécialiser en Droit criminel.

Michaela s'est lancée dans la vie publique lorsqu'elle a décroché le rôle de la 'ghost girl' « fille fantôme » dans la série télévisée 'Rabbit Fall' « Chute de lapin » aux côtés des acteurs tels qu'Andrea Menard et Tinsel Cory. Depuis lors, elle a aussi joué dans My Lupine Life, et elle réalise actuellement une série télévisée intitulée Space Stretch qui apprend aux enfants à faire du yoga. Elle y joue le rôle de Sash Tanga.

Michaela avait été invitée à relater le film documentaire sur la construction par des jeunes d'une maison écologique à Cumberland House, SK. On peut la voir sur le site «My Wise Mentor» en tant qu'ambassadrice, encourageant les jeunes femmes à entreprendre des études dans des domaines androcentriques. Michaela a également figuré dans diverses publicités de télévision, des panneaux d'affichage, des journaux et des magazines pour le compte du Saskatchewan Tourism, de la Saskatchewan Teacher's Federation, de Traxx Footwear, du mouvement Idle No More, du Saskatchewan Fashion Design Festival, du White Dahila clothing et du Reginald Sankey Designs.

Elle faisait également partie de la campagne « What Else Got Wasted » du ministère de la santé de la Saskatchewan – une campagne menée sur internet, à la télévision, à travers des affiches pour sensibiliser les jeunes aux dangers de l'abus d'alcool. Michaela a conçu des ateliers ayant pour tâche de se pencher sur le problème de l'abus d'alcool ou de drogues et le taux de suicide élevé chez les jeunes de la communauté autochtone. Formée en intervention et en prévention du suicide, elle facilite des ateliers qui se penchent sur le lien entre l'abus d'alcool et de drogues et le taux élevé de suicide chez les jeunes autochtones. Elle organise ces présentations tout au long de l'année, mais généralement, pendant la Semaine nationale de sensibilisation aux toxicomanies (SNST), ses services sont sollicités par les écoles et les réserves. Michaela a également conçu des ateliers à l'intention des filles du secondaire intitulés Decision Making and Reproductive Health (Prise de décision et Santé reproductive) – un programme visant à faire face aux problèmes de grossesse chez les jeunes filles.

Michaela est l'une des top modèles de Saskatoon et on l'invite souvent à de nombreux événements de collectes de fonds partout en Saskatchewan. Elle a été invitée à faire du mannequinat lors des Fashion Week Broadcasts sur APTN, la semaine de la mode de Vancouver et elle a également été invitée aux segments de la mode de Global TV et CTV News. Michaela est escorte de scène pour les Inspire Awards et les Sabex Awards.

Le 28 avril 2014, Michaela a remporté le titre de Miss Teen Saskatchewan – 2014 et elle prendra part au concours Miss Teen Canada à Toronto en juillet. Elle a également pris part à la Canadian Model and Talent Convention (convention des mannequins et des talents canadiens) du 7-11 mai, suite à laquelle elle a reçu des sollicitations de Paris et de New York et une invitation de l'Atlantic records à enregistrer une maquette.

Michaela assiste à des cérémonies et prend part aux pratiques de spiritualité autochtone. Elle est consciente de la pertinence de « l'identité » et « la culture » dans le fondement de l'existence humaine. Elle mène une vie saine et est consciente de l'importance d'équilibrer tous les défis auxquels l'on est appelé à faire face dans la vie.

C'est un grand honneur pour elle d'assister à la Conférence « Honorer nos forces » en tant que modèle pour les jeunes, elle qui est un exemple de combien on peut accomplir si on se fixe des objectifs à atteindre, si on reste concentré, si on comprend qu'en grande partie, le succès passe par l'estime de soi et le choix d'un mode de vie sain.

CONFÉRENCIERS D'HONNEUR

Maître de cérémonie - Stan Wesley



Stan est originaire de Moose Factory en Ontario, une collectivité crie sur la côtesud de la baie James où il est né et où il a passé sa jeunesse. Tout jeune, Stan entama ce qui deviendra une longue carrière en donnant du sens à la vie de son public et en faisant rire celui-ci...à travers la mise sur pied du "Bunnuck", une émission hebdomadaire diffusée durant plusieurs saisons sur TVO et sur TVNC.

Depuis lors, et ce depuis plus de 20 ans, Stan engage et divertit son public grâce à son style unique qui allie profondeur et humour dans ses différents exposés, discours liminaires et interventions en tant que maître de cérémonie et facilitateur. Stan intervient sur divers sujets, notamment la célébration du succès et la promotion de bonnes relations saines entre les peuples autochtones et non autochtones.

Stan a déjà travaillé à l'échelle locale, régionale, provinciale et nationale. Son infatigabilité et son approche professionnelle sincère font de lui l'un des meilleurs conférenciers au plan national aujourd'hui.

Stan vit actuellement à Toronto avec son épouse, Mandy et leur fille Maya.

Madeleine Dion Stout



La conférencière crie Madeleine Dion Stout est née et a grandi dans la Première Nation de Kehewin, en Alberta. Après avoir obtenu son titre d'infirmière autorisée à l'Hôpital général d'Edmonton, elle a obtenu un baccalauréat en soins infirmiers de l'Université de Lethbridge, puis une maîtrise en affaires internationales de la Norman Paterson School of International Affairs de l'Université Carleton. Elle siège à plusieurs conseils et comités autochtones et non autochtones, notamment le Comité consultatif sur le soutien en santé (résolution) de Santé Canada et la First Nations Health Society de la Colombie Britannique, en plus de prendre part à divers projets des Instituts de recherche en santé du Canada. Mme Dion Stout a aussi présidé l'Aboriginal Nurses Association of Canada et a participé au Forum national sur la santé. En août 2007, elle a été nommée première vice-présidente du conseil d'administration de la Commission de la santé mentale du Canada. De plus, Mme Dion Stout a enseigné les études canadiennes et a agi comme directrice fondatrice du centre d'éducation, de recherche et de culture autochtones de l'Université Carleton, à Ottawa. Aujourd'hui travailleuse autonome, elle poursuit ses travaux de chercheuse, d'écrivaine et de conférencière sur la santé des Premières Nations, des Inuit et des Métis, adoptant de plus en plus une perspective crie sur le sujet. Elle a remporté le prix Assiniwistikamik décerné par l'Aboriginal Nurses Association of

Canada et un prix d'ancienne élève éminente de l'Université de Lethbridge en plus d'obtenir un doctorat honorifique en droit de l'Université de la Colombie Britannique et de l'Université d'Ottawa. En novembre 2008, l'Association des infirmières et infirmiers du Canada a décerné l'un de ses cent prix du centenaire, soulignant les réalisations exceptionnelles d'infirmières canadiennes, à Mme Dion Stout. Puis, en mars 2010, elle a mérité le Prix national d'excellence décerné aux Autochtones dans la catégorie Santé.