



# FPWC LEARNING CIRCLE

Through Reconciliation, Weaving in Cultural Revitalization

**Date:** *Wednesday, May 11th, 2022*

**Time:** *12-2 PM EST; 9-11 AM PST; 11-1 PM CST ; 1-3PM AST*

**Location:** Zoom

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## AGENDA

Opening Prayer and Land Acknowledgement  
Presentation, Q&A, Discussion  
Closing Prayer

## PRESENTER



**Norma Rabbitskin**

Norma Rabbitskin is a fluent Cree speaker from Big River First Nation, Saskatchewan. She is currently employed with the Sturgeon Lake First Nation as the Senior Health Nurse. Her passion is assisting and being at service for the development of community-based programs, which are strongly grounded, in the re-engaging of traditional healing practices, parenting skills, acquiring traditional knowledge, life-skills and teachings from Elders /Knowledge Keepers. She works together with community and leaders to integrate traditional approaches with modern western strategies to make healing relevant to Indigenous peoples while maintaining the vitality of language in knowledge building and achieving Wellness in one's life. In March 2020, she received Saskatchewan Registered Nurses Association (SRNA) Award for Excellence in Truth and Reconciliation award which is given to a registered nurse for moving reconciliation forward in Saskatchewan. The award criteria are based on the Truth and Reconciliation Commission of Canada: Calls to Action, specifically numbers 18 through 22.



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## *Summary of Webinar*

When many of the Elders of our community today were children, our people lived in a good way coexisting our families and with the wider world of nature and sentient beings of the land. People lived by gentle codes of life that enhanced them as they walked paths of non-interference, non-hindrance, and honorable reverence for all Creator's creation. Things have changed and many of our people were affected by "mind disruptions" that exiled them from cultural practices and frayed peoples' connections with nature. It is now the case many of our people are recognizing the need to go back to traditional practices that teach them how-to walk-in balance with all life.

To have health equity through reconciliation requires protracted efforts in community development of health systems that are effective and relevant for First Nation people. Reconciliation necessarily involves opening spaces in the local health field of community for use of traditional knowledge and the inclusion of ancestral practices in the delivery of health. This involves memory work with Elders and knowledge keepers and the intentional weaving of traditional health practices with established bio-medical models of health. This effort in recovery of Indigenous knowledge of health must be guided by community but must also involve an up-take in the policies of provincial and federal departments.

We look forward to seeing you online, for more information please contact:  
[Lisa.Wabange@fpwc.ca](mailto:Lisa.Wabange@fpwc.ca)